

The Power Of Spiritual Intelligence Tony Buzan

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Brain Power - Michael J. Gelb
2011-12-26

Virtually everyone fears mental deterioration as they age. But in the past thirty years neuroscientists have discovered that the brain is actually designed to improve throughout life. How can you encourage this improvement? Brain Power shares practical, state-of-the-evidence answers in this inspiring, fun-to-read plan for

action. The authors have interviewed physicians, gerontologists, and neuroscientists; studied the habits of men and women who epitomize healthy aging; and applied what they describe in their own lives. The resulting guidance; along with the accompanying downloadable Brain Sync audio program; can help you activate unused brain areas, tone mental muscles, and enliven every faculty.

Project Management

Leadership - Rory Burke

2014-04-14

Project Management

Leadership is a comprehensive guide to the human factors involved in Project Management, in particular the leadership skills required to ensure successful implementation of current best practice. It provides the latest insights on team building, motivation, collaboration, and networking skills, and the way these can be harnessed to manage a successful project. Exercises and worked examples are provided throughout.

Brain Sell - Tony Buzan 1995
Brain Sell, based on the latest scientific research and the experiences of some of the world's most successful salespeople, explains how to identify which mental skills are currently being used in selling, apply whole brain selling to any sales situation, use a multi-sensory format in selling, develop your sales memory and remember customers' names and faces, Mind Map and be

prepared for the 'sales information age', master the mind-body link, keep focused and retain customer information, mentally rehearse the sale, make memorable sales presentations, and develop and use a personal sales commercial.

Train Your Mind, Change Your Brain - Sharon Begley

2008-11-12

Cutting-edge science and the ancient wisdom of Buddhism have come together to reveal that, contrary to popular belief, we have the power to literally change our brains by changing our minds. Recent pioneering experiments in neuroplasticity—the ability of the brain to change in response to experience—reveal that the brain is capable of altering its structure and function, and even of generating new neurons, a power we retain well into old age. The brain can adapt, heal, renew itself after trauma, compensate for disabilities, rewire itself to overcome dyslexia, and break cycles of depression and OCD. And as scientists are learning

from studies performed on Buddhist monks, it is not only the outside world that can change the brain, so can the mind and, in particular, focused attention through the classic Buddhist practice of mindfulness. With her gift for making science accessible, meaningful, and compelling, science writer Sharon Begley illuminates a profound shift in our understanding of how the brain and the mind interact and takes us to the leading edge of a revolution in what it means to be human. Praise for *Train Your Mind, Change Your Brain* "There are two great things about this book. One is that it shows us how nothing about our brains is set in stone. The other is that it is written by Sharon Begley, one of the best science writers around. Begley is superb at framing the latest facts within the larger context of the field. This is a terrific book."—Robert M. Sapolsky, author of *Why Zebras Don't Get Ulcers* "Excellent . . . elegant and lucid prose . . . an open mind here will be rewarded."—Discover "A

strong dose of hope along with a strong dose of science and Buddhist thought."—The San Diego Union-Tribune
The Power of Creative Intelligence - Tony Buzan 2001
When you are creative, you are full of energy, enthusiasm, and ideas. Using the famous Mind Map techniques that he invented, Tony Buzan shows you how to learn from geniuses like Leonardo Da Vinci and the Beatles. The book's games and tools help you become more fluent, flexible and original.
Buzan Bites: Brilliant Memory - Tony Buzan 2006
Tony Buzan outlines easy to follow techniques for improving your memory and ability to recall information. Buzan explains the science behind memory and outlines five techniques for remembering faces, names, numbers and words. Table of contents: * Introduction * Your amazing brain * Your perfect memory * The Core Memory Principles * Unlock your memory with key words and images * Five key memory systems * Test your memory *

Double your memory power *
Conclusion.

The Ultimate Book of Mind Maps - Tony Buzan 2012-08-30

This book is the definitive guide to Mind Mapping. Tony Buzan has changed the lives of millions with Mind Maps, his revolutionary system of note-taking that will help you excel in every area of your life. This practical full-colour book shows how this incredible thinking tool works and how you can use it to achieve your full potential.

Maximising Your Potential -

The Power of Spiritual Intelligence: 10 ways to tap into your spiritual genius -

Tony Buzan 2012-09-06

10 ways to tap into your spiritual genius

Use Your Head - Tony Buzan 1995

Suggests simple exercises designed to improve your brain power, covering e.g. speed reading, memory improvement and effective note taking.

Doing what Jesus did - a fresh look at the gifts of the Spirit -

Alison Morgan 2010

Doing what Jesus did takes a fresh look at the gifts of the Spirit, suggesting they are best regarded as a description of the ministry of Jesus, to be welcomed not as feathers in the caps of individuals but as shared resources given to enable the mission and ministry of the church. With lots of illustrations and plenty of real life stories and testimonies, this is a welcome and readable introduction to a topic about which little has been written in recent years. It includes a Bible study for use in small groups. "The best theologically rigorous study of the gifts of the Spirit that I have read. Especially because in this new book Alison Morgan, from long experience, includes sensible, practical advice on how to get going." Preb John Collins

Make the Most of Your Mind - Tony Buzan 1984-02-24

Make the Most of Your Mind is an indispensable guide for anyone who wants to rouse the sleeping giant of his or her brain to think, learn, read, and memorize more efficiently.

Make the Most of Your Mind explains how to develop untapped resource areas of the brain and increase your ability to think, learn, read, memorize, listen, and solve problems more creatively and efficiently.

Spirituality: A Very Short Introduction - Philip Sheldrake
2012-11-29

With a decline in traditional religious belief, interest in spirituality has grown in Western cultures. The notion of spirituality expresses the fact that people are driven by goals that concern more than material satisfaction. Here, the author explores the historical foundations of spirituality and thinks about how it transforms lives.

Poder Da Inteligencia Espiritual, O - Tony Buzan
2003

Seven Steps to Spiritual Intelligence - Musharraf Hussain 2015-06-22

"When you are spiritually intelligent you become more aware of the big picture, for yourself and the universe, and your place and purpose in

it."—Tony Buzan How do we develop a spiritual intelligence? How do we change ourselves so that we can live by the universal spiritual values? *Seven Steps to Spiritual Intelligence* tells us how to do so, while also summarizing fourteen centuries of spiritual wisdom in Islamic literature, from the great scholars and Sufis of Spain, Morocco, Turkey, and India. Musharraf Hussain, PhD, OBE, is the director of the Karimia Institute in Nottingham, United Kingdom. He has written numerous books on Islam including *The Five Pillars of Islam* and *Seven Steps to Moral Intelligence*. [Use Both Sides of Your Brain](#) - Tony Buzan 1990

From the bestselling author of *The Mind Map Book*, proven mind mapping techniques to help you raise all levels of your intelligence and creativity, based on the latest discoveries about the human brain. Using the latest research on the workings of the human brain, Tony Buzan, one of the world's leading authorities on learning

techniques, provides step-by-step exercises for discovering the powers of the right side of the brain and learning to use the left side more effectively. By increasing our understanding of how the mind works, he teaches us: · How to read faster and more effectively · How to study more efficiently and increase overall memory · How language and imagery can be used for recording, organizing, remembering, creative thinking and problem solving. This completely updated Third Edition of a classic work provides a proven way of using our brains to their fullest potential and to our best advantage.

A Comparative Study of Certain Behavioural Characteristics of High and Low Performers among Life Insurance Corporation (LIC) Development Officers in Kerala State - Dr. Umesh U

The Power of Spiritual Intelligence - Tony Buzan
2001

10 ways to tap into your

spiritual genius Over three billion people - half the world's population - are actively pursuing Spiritual Intelligence and Knowledge. Spiritual intelligence is concerned with being part of the bigger scheme of things. It involves seeing the "Big picture". With Tony Buzan's Spiritual Intelligence, you can: Learn to truly know yourself and those around you - Develop a compassionate, rather than an aggressive attitude - Relate more deeply to the world around you, and acquire a global vision. - Discover ways to refresh your soul daily, - and how humour can help you be more spiritual! With its powerful series of Brain Workouts, mind-maps and exercises, Spiritually Intelligence enables you to learn from some of the spiritual giants of the age, from Mother Teresa and Nelson Mandela to the Dalai Llama. If you Mind Map your vision, you really can be your best self.

MOTIVATING THOUGHTS
APJ ABDUL KALAM - Raghav
2020-01-01

Kalam continued to inspire people throughout his life with whatever role that he was entrusted to play. And even moments before his death he addressed a host of students at Indian Institute of Management at Shillong. His significance as a scientist and a statesman will continue to inspire generations of people and this people is a humble attempt in this direction. It is meant to make Kalam's ideas and motivational thoughts accessible to people in concise and easy way with the hope that his wisdom will continue to ignite the minds of the young and the old alike.
Eve - 2004

Power Up Your Mind - Bill Lucas 2011-07-12

Shows how everyone has the capacity to succeed and how most use only a small portion of their talents.

[Transforming Learning](#) - Susan Norman 2003

The Power of Social Intelligence: 10 ways to tap into your social genius -

Tony Buzan 2012-08-30

10 ways to tap into your social genius

Putting God Into Einstein's Equations: Energy of the Soul - Marcia Pollock 2012-04

Putting God Into Einstein's Equations: Energy of the Soul is the direct outcome of an unusual and unique collaboration by soul mates Marcia and Jerry Pollock spanning the spiritual and physical worlds. Marcia is deceased, and her contributions come from the powerful intelligent energy of her Divine soul, which is without her physical body in the spirit world. Jerry is alive with his Divine soul, which is constrained within his physical body on planet Earth.

Communicating through thought-energy telepathy or channeling, the authors have written this exquisitely, simply explained book in their humble attempt of gratitude to bring new knowledge to the understanding of God's Essence and our world. The Creator Himself has endorsed our book, "TRUTH, LOVE AND WISDOM LIE WITHIN THESE

PAGES." Putting God Into Einstein's Equations: Energy of the Soul is a provocative book that will stay with you long after you finish reading it. Have you ever wondered about how a psychic contacts a spirit or where God comes from? The book answers questions about God, the big bang, Einstein's Relativity Equations and how they fit in with God's energy, soul mates and love, the spirit world of souls, past lives, telepathic thought-energy communication, channeling, removing negative body-soul energy, intelligence of the soul, independent and combined functions of the soul versus the human brain, acquiring spirituality, miracles, resurrection and reincarnation, the Devil, good and evil, science and spirituality, Creation and Evolution, and how a new soul that God will give us in the future Messianic Age at the End of Days will allow us to live for the eternity according to Einstein's Equations. God is energy and so is our Divine soul. Each of us receives a tiny

"piece" of God's virtually infinite energy, and the difference between our energy and that of God is simply the enormous difference in order of magnitude when comparing God's energy to ours. The behavior of this energy mirrors the equations brilliantly originated and described by Albert Einstein with two exceptions -- the mass, m referenced in Einstein's famous equation, $E=mc^2$, is a special Mass, M , originating in God's energy particles, and God's and our soul energy travels at one million times the speed of light, c , or 186 billion miles per second. In fact, this Mass is the source of the independent intelligence and sensory properties found in the soul of all human brains. Putting God Into Einstein's Equations: Energy of the Soul is a provocative and compelling book that weaves together empirical, scientific observation, academic research, and theoretical and theological considerations, bolstered by revelatory, first-hand testimony bearing

witness to the existence of the Divine soul in both the physical and spirit worlds. Contained in the pages of *Putting God Into Einstein's Equations* are moving, personal reflections on the authors' life experiences, from the thrill of discovering one's true soul mate to both traumatic and joyous events like a descent into bipolar depression, Divine miracles, and the pain and loss associated with the death of a loved one. Equally explored and discussed are practical first hand experiential techniques for hypnotic-spiritual world regression and directing spiritual energy and using light to alleviate negative forces. Above all else, *Putting God Into Einstein's Equations* seeks to advance an awareness and comprehension of God, drawing upon points of reference as diverse as Qigong and yoga to the word of rabbinical scholars.

20 Books for Personal Development - Roby Jose Ciju
2021-03-18

It is very easy to get waylaid by the demands of personal and

professional life. We often stray from our intended course of journey and become demoralized soon. We, eventually, end up with having a stagnant life rather than having the passion to pursue our dreams and goals. Here comes the significance of some good inspirational books.

Parting the Veil - Joy Nugent
2018-06-27

This book is about the author's journey to get in touch with her own soul. She shares the belief that the soul is the part of us that does not die and travels through many lifetimes. Death anxiety is common and is relieved with understanding, patience, and love. The nondual mind is open to everything and is capable of listening to the other. In this book, the role of soul is described and what is helpful in facilitating a timely release.

The Element - Ken Robinson
2009-02-05

The groundbreaking international bestseller that will help you fulfil your true potential. *The Element* is the point at which natural talent

meets personal passion. In this hugely influential book, world-renowned creativity expert Ken Robinson considers the child bored in class, the disillusioned employee and those of us who feel frustrated but can't quite explain why - and shows how we all need to reach our Element. Through the stories of people like Vidal Sassoon, Arianna Huffington and Matt Groening, who have recognized their unique talents and made a successful living doing what they love, Robinson explains how every one of us can find ourselves in our Element, and achieve everything we're capable of. With a wry sense of humour, Ken Robinson shows the urgent need to enhance creativity and innovation by thinking differently about ourselves. Above all, he inspires us to reconnect with our true self - it could just change everything. 'The Element offers life-altering insights about the discovery of your true best self' Stephen R. Covey, author of The 7 Habits of Highly Effective People 'A book that lightens and lifts the

minds and hearts of all who read it' Susan Jeffers, author of Feel the Fear and Do It Anyway
Head First - Tony Buzan 2003
Describes the different forms of intelligence, including creativity, social skill, physical and sensual abilities, and numerical, spatial, and verbal aptitudes, and suggests ways to understand and develop each kind. Reprint.

Source-Full Intelligence - Dr. Coomi Vevaina 2013-03-07
Source-Full Intelligence, Understanding Uniqueness and Oneness through Education is a groundbreaking book which will give you an entirely new understanding of holistic education. Written by an internationally renowned educator, teacher trainer and researcher, the book is intended for all who love and care for children and young adults. It details the toxicity of our educational systems and offers viable alternatives in order to make the process of education a joyful one for learners. It urges all care givers and educators to begin by developing their own

Source-full Intelligence to enable them to understand the dual capacity that we humans have of conceptualising and experiencing our uniqueness and oneness, and pass on this understanding to learners. With the help of two lesson plans in the final chapter, it demonstrates how we can fruitfully replace the Self-versus-Other consciousness with a Self-and-Other consciousness and lead children to an even higher awareness that all is Self and there is in fact, no Other. By courageously examining our own belief systems and replacing delimiting beliefs with life-enhancing ones, each one of us can, in our own unique way, contribute towards making our rapidly shrinking and increasingly threatened world a better place for ourselves and for the generations to come.

Unlimited Memory - Kevin Horsley 2021-08-13
Kevin Horsley Broke a World Memory Record in 2013 and you're about to learn how to use his memory strategies to

learn faster, be more productive, and achieve more success. With over 300,000 copies sold, Unlimited Memory is a Wall Street Journal Best Seller and has been the #1 memory book on Amazon for more than two years. It has been translated into more than a dozen languages including French, Chinese, Russian, Korean, Ukrainian, and Lithuanian. Most people never tap into 10% of their potential for memory. In Unlimited Memory, you'll learn how the world's best memory masters get themselves to concentrate at will, anytime they want. When you can easily focus and concentrate on the task at hand, and store and recall useful information, you can easily double your productivity and eliminate wasted time, stress, and mistakes at work.

Mind Maps for Business -

Tony Buzan 2013-10-27

Tony Buzan knows more than a little about Mind Maps - after all, he did invent them! Often referred to as the 'the Swiss-army knife for the brain', Mind Maps are a ground-breaking,

note-taking and mind-organising technique that has already revolutionised the lives of many millions of people around the world and taken the educational world by storm. Now Tony Buzan is sharing the powerful techniques of mind mapping with the business world to help business professionals everywhere revolutionise the way they think and practise. Mind Maps for Business is the very first and only book on mind mapping that has been written by Tony Buzan specifically for a business audience. No matter how big or small the business you work in; no matter if you're an employer or an employee; no matter what your role is, you'll find the benefits of using mind maps to help you think, organise, plan and control are vast: Accelerate your productivity to levels you never thought possible. Generate exciting new possibilities for growth and expansion. Make meetings, discussions and forums really productive and useful. Negotiate, talk and consult more constructively

and effectively. Be more focussed, more organised and much smarter. Unleash your amazing creative capabilities. Whether you're writing marketing plans or strategy documents; looking for new ways to develop your business; planning a conference or event; restructuring your staff; or looking to improve your management and leadership skills - discover today the amazing advantages that using Mind Maps for Business can bring.

Live Happier The Ultimate Life Skill - Barrie Hopson

The Power of Physical Intelligence - Tony Buzan
2003

The latest book in the 'Power of' series, which comprises The Power of Verbal Intelligence, The Power of Social Intelligence, The Power of Creative Intelligence and The Power of Spiritual Intelligence, from bestselling author Tony Buzan. Physical Intelligence consists of overall physical fitness, balance, agility and coordination, anticipation,

reaction time, strength, flexibility and aerobic fitness. It is a quality we all share. We can temporarily lose it - but it can always be regained. By training yourself to be physically intelligent, you can become physically coordinated, balanced and poised. As you develop this intelligence, you will find yourself more able to play all and any physical sports. The more balanced and physically fit your body becomes, the more balanced and mentally fit your brain will become. The two work in harmony.

Knowledge Cartography - Alexandra Okada 2014-10-07
Focuses on the process by which manually crafting interactive, hypertextual maps clarifies one's own understanding, communicates it to others, and enables collective intelligence. The authors see mapping software as visual tools for reading and writing in a networked age. In an information ocean, the challenge is to find meaningful patterns around which we can weave plausible narratives.

Maps of concepts, discussions and arguments make the connections between ideas tangible - and critically, disputable. With 22 chapters from leading researchers and practitioners (5 of them new for this edition), the reader will find the current state-of-the-art in the field. Part 1 focuses on knowledge maps for learning and teaching in schools and universities, before Part 2 turns to knowledge maps for information analysis and knowledge management in professional communities, but with many cross-cutting themes: · reflective practitioners documenting the most effective ways to map · conceptual frameworks for evaluating representations · real world case studies showing added value for professionals · more experimental case studies from research and education · visual languages, many of which work on both paper and with software · knowledge cartography software, much of it freely available and open source · visit the companion

website for extra resources:
books.kmi.open.ac.uk/knowledge-cartography Knowledge Cartography will be of interest to learners, educators, and researchers in all disciplines, as well as policy analysts, scenario planners, knowledge managers and team facilitators. Practitioners will find new perspectives and tools to expand their repertoire, while researchers will find rich enough conceptual grounding for further scholarship.

Self Mastery - Eduardo A. Morato 2013-02-21

Self Mastery is the most elusive of all human quests. A lifetime is never sufficient for most people. Learning to be the best that you can ever become demands the full faculties of the brain, the heart and the spirit. This search for the ultimate self begins with learning to think, using both rational, analytical and critical mind and the associative, creative, systemic and integrative mind. It then conjures that other way of knowing without knowing why you know. This is learning to

intuit. Separate, but equally powerful, is the emotional mind, the one that feels and empathizes. Learning to feel brings the self to its sensitive, sensual and stimulating dimension. Next, learning to do puts into action everything that one thinks, intuitively and feels. This is followed by the need to transmit and receive messages, both trivial and important, in learning to communicate.

Raising the level of the self to assume greater responsibility and accept personal accountability for other is learning to lead. Finally, there is full self actualization and total human development in learning to be. At this height of personal excellence, the five pillars of being and becoming conspire to transform the self towards transcendence. These elevating pillars are wonderment, a wider world view, wisdom, walking the way of the spirit and the will to live.

The Art of Connection - Michael J. Gelb 2017-08-15

These days, it's often easier to avoid face-to-face contact in favor of technological

shortcuts. But as Michael Gelb argues in this compelling, entertaining book, the meaningful relationships that come from real interaction are the key to creating innovative ideas and solving our most intractable problems. In *The Art of Connection*, Gelb offers readers seven methods of developing this essential rapport in their professional and personal lives. Each chapter covers specific techniques and illustrates them with memorable stories, relevant scientific research, and hands-on exercises that allow readers to apply their new skills. Most important, Gelb reminds us that developing rapport with others is not just a business tool to enhance productivity but a valuable end in itself. He guides us to cultivate the skills we all need to deepen our relationships, broaden our humanity, and transform our lives.

Learn More Now - Marcia L. Conner 2004-04-02

"Leaders at all levels will benefit from Marcia Conner's

amazing book of strategies, exercises, and stories to maximize learning. This book is a must for your reading list this year."--Ken Blanchard, Chief Spiritual Officer, Ken Blanchard Companies "A road map to reawakening the natural process of integrating learning into our daily lives."--Kathy O'Driscoll, Human Resources Director, Microsoft "Finally a publication that genuinely respects learner diversity as much as it offers tangible ideas for dealing with it....Marcia L. Conner is a true learning champion."--Gunnar Bruckner, former Chief Learning Officer, United Nations Development Programme We're all born with a vast capacity to explore and learn. Unfortunately, many of us never discover what we're truly capable of. What if you could reclaim your birthright and tap into your full potential for learning? Imagine how much you could accomplish--how much you could become. Here's your chance to find out. Through her innovative learning programs, Marcia

Conner has helped thousands of people unleash the power of their intuition to rediscover the joy of learning and to expand their personal and professional productivity. In *Learn More Now*, she distills her renowned learning solutions into an easy-to-use ten-step program that will help you:

- * Learn better, smarter, and faster
- * Identify your learning style and your motivational style
- * Synthesize your experiences, perspectives, thoughts, and actions
- * Develop new pathways in your brain to increase your opportunities
- * Absorb facts on the fly and overcome information overload
- * Optimize your environment for concentrating and learning

Packed with fun, easy-to-do action steps and exercises, *Learn More Now* will help you discover how to be more focused and aware, work in step with your natural rhythms, be improvisational in your approach, and transform your life into a learning adventure.

Mind Map Mastery - Tony Buzan 2018-03-13

The definitive guide to using

mind mapping to get organized, improve your memory, plan your business strategy, and more—from the original creator of this revolutionary thinking tool. For the past five decades, Tony Buzan has been at the leading edge of learning and educational research with his revolutionary Mind Map technique. With *Mind Map Mastery*, he has distilled these years of global research into the clearest and most powerful instructional work available on the Mind Map technique. Tony Buzan's Mind Map technique has gathered amazing praise and an enormous worldwide following over the last few decades—but as with any very successful idea, there have been many sub-standard imitators. With *Mind Map Mastery*, Tony Buzan re-establishes the essential concepts that are the core of the Mind Map with a clarity and practicality unrivalled by other books. If you are looking to improve your memory, plan your business strategy, become more organized, study for an

exam or plan out your future, this is the book for you. With a clarity and depth that far exceeds any other book on the subject, it includes:

- The history of the development of the Mind Map
- An explanation of what makes a Mind Map (and what isn't a Mind Map)
- Why the Mind Map technique is such a powerful tool
- Illustrated step-by-step techniques for Mind Map development
- How to deal with Mind Maps that have "gone wrong"

Developed both for those new to the Mind Map concept as well as more experienced users who would like to revise and expand their expertise, Mind Map Mastery is the one Mind Mapping book needed on the shelf of every student and businessperson across the world.

On Second Thought - Wray Herbert 2011-09-06

Our lives are composed of millions of choices, ranging from trivial to life-changing and momentous. Luckily, our brains have evolved a number of mental shortcuts, biases, and tricks that allow us to

quickly negotiate this endless array of decisions. We don't want to rationally deliberate every choice we make, and thanks to these cognitive rules of thumb, we don't need to. Yet these hard-wired shortcuts, mental wonders though they may be, can also be perilous. They can distort our thinking in ways that are often invisible to us, leading us to make poor decisions, to be easy targets for manipulators...and they can even cost us our lives. The truth is, despite all the buzz about the power of gut-instinct decision-making in recent years, sometimes it's better to stop and say, "On second thought . . ." The trick, of course, lies in knowing when to trust that instant response, and when to question it. In *On Second Thought*, acclaimed science writer Wray Herbert provides the first guide to achieving that balance. Drawing on real-world examples and cutting-edge research, he takes us on a fascinating, wide-ranging journey through our innate cognitive traps and tools,

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exposing the hidden dangers lurking in familiarity and consistency; the obstacles that keep us from accurately evaluating risk and value; the delusions that make it hard for us to accurately predict the future; the perils of the human yearning for order and simplicity; the ways our fears can color our very perceptions . . . and much more. Along the way, Herbert reveals the often-bizarre cross-connections these shortcuts have secretly ingrained in our brains, answering such questions as why jury decisions may be shaped by our ancient need for cleanliness; what the state of your desk has to do with your political preferences; why loneliness can literally make us shiver; how drawing two dots on a piece of paper can desensitize us to violence... and how the very typeface on this page is affecting your decision about whether or not to buy this book. Ultimately, On Second Thought is both a captivating exploration of the workings of the mind and an

invaluable resource for anyone who wants to learn how to make smarter, better judgments every day.

Practising Spiritual Intelligence - Awdhesh Singh
2014-11-05

Spiritual Intelligence refers to the intuitive knowledge of the self, others, situations and techniques to achieve the desired objectives. Hence it can be called the soul of all intelligences. Spiritual Intelligence enhances our power to inspire others by transforming their souls in such a way that their desires and aspirations are aligned in a single direction. Soul is beyond all reason and intellect. It is, in fact, the source of mind and intellect. One who knows his soul knows the universe, since soul is nothing but the microcosm of the universe. This book explains this body-soul continuum and suggests practical steps to evolve through the body-senses-mind-intellect to reach our soul. Welcome to this new path of spiritual evolution.