

The Girls Guide To Starting Your Own Business Revised Edition Candid Advice Frank Talk And True Stories For The Successful Entrepreneur

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On My Own Two Feet - Manisha Thakor 2013-11-29

A personal finance guide for women explains the basic principles of money management, including how much of one's income to save, understanding credit scores, how to create a budget, and investing wisely.

The Girl's Guide to Being a Boss - Caitlin Friedman 2006

Offers advice on how to avoid common office politics nightmares such as alienating your staff, being taken advantage of and dealing with working relationships. This book sets out to help women sail through a host of work-based challenges, including coping as a manager, gaining leadership skills, building and motivating a team and more.

[Girls Guide to Taking Over the World](#) - Tristan Taormino 1997-07-15

A GIRL'S GUIDE TO TAKING OVER THE WORLD Writings from the Girl Zine Revolution

The Period Book - Karen Gravelle 2017-06-20

This bestselling, essential illustrated guidebook for adolescent girls is a trusty friend that can help girls feel confident about this new phase of their lives. What is my period exactly? Do I need to see a doctor? What does it feel like to wear a pad? What if I get my period at school? Karen Gravelle and her fifteen-year-old niece, Jennifer Gravelle, have written a down-to-earth and practical book that answers any questions you might have about your period, from what it is and what it feels like, to how to choose pads and tampons, to how to talk to your parents about it. The Period Book will help guide you through all the physical, emotional, and social changes that come with your period, as well as related issues like dealing with pimples, mood swings, and new expectations from friends and family. Debbie Palen's funny and sympathetic cartoons ease the confusion and exasperation you might feel, and celebrate the new sense of power and maturity that your period can bring.

A Girl's Guide to Life - Katie Meier 2010-06-22

Presents advice for teenage girls on how to improve body, mind, and soul as they grow into womanhood.

Girl's It's Time for a Change - Joan Reid 2014-10-30

Girls It's Time For a Change is an incredible resource for girls entering puberty and starting their periods. Whether they've already begun their period, or are impatiently waiting, every question they could possibly have is answered with great care and warmth by author Joan Reid.

Chock-full of information and covering a multitude of topics, this book is a lifesaver for parents and caregivers of prepubescent daughters. Let's face it. Menstruation is a touchy subject, yet something that cannot be avoided. While one child may be anxiously waiting for the day she starts, another may be full of trepidation and fearful of the changes to come. No worries. The answers are here. Inside you'll find chapters that cover: The Reality Developmental Changes Personal Hygiene What to Wear Who to talk to Tips on which sanitary products to use And so much more

Menstruation is a multi-faceted condition, with symptoms ranging from irritability and discomfort to mood swings and migraine. Your daughter doesn't have to face it alone. Not only does the book's content address the emotional aspect of a girl period, it comes complete with diagrams and full-color graphics to clearly explain the physical transformation.

Girls It's Time For a Change is a book every girl needs to have in her library. In addition, it includes a Period Planning Calendar and a Diary for keeping track of her feelings throughout the month. For even more information, she'll be encouraged to visit

www.girlsitstimeforachange.com, a website created as a companion to the book."

A Brown Girls Guide to Employment and Networking - Tamika N. Jacques 2019-01-11

Ladies! This pocket guide fits in your purse! Just what is your greatest career potential? No matter how you define your greatest career potential, you are the only one who can write and define the definition and the only one who can add and change the definition when needed. This pocket guide is meant to give you tips on how to achieve your greatest potential for the entire length of your career history.

A Girl's Guide to Life - Michelle Herman 2017-07

A Girl's Guide to Life is a timeless book of warm and sensible advice for young girls, originally written by a mother for her own eight-year-old daughter. From compassion and empathy through self-expression and creativity, from thoughtfulness and helpfulness and good deeds through gratitude and heartfelt apology, from the incomparable joys of friendship to the importance of learning how and when to say no, this little book offers wise counsel that will be of use for many years to come.

The Girl's Guide to Building a Fort - Jenny Fieri 2021-05-04

An entertaining guide for girls on how to make the world into their workshop—with screen-free, hands-on activities for independent exploration, making, building, and play. *The Girl's Guide to Building a Fort* shows girls and their grown-ups how to knock down the four walls holding them in and transform each day into a canvas for play and adventure. This illustrated, information-packed guide is for Hands-On Girls, girls who want to fix things, make things, and learn more about the world around them. The book contains two sticker pages and dozens of activities, projects, and games—many of which can be done in 30 minutes or less with materials you already have in and around your home—and fun and interesting information on everything from how to spot constellations and change a bike tire to how to make your own jerky and what to do if you get lost in the woods. It's the must-have book for anyone, big or little, who's ready to learn new skills, get a little dirty, and reconnect with the whimsical, gutsy girl in each of us.

Get in the Game! - Vanessa Summers 2001

An entertaining and accessible guide to personal finance for young women in their twenties covers all aspects of money and investing, offering helpful advice on how to control unrestrained spending, retirement planning, Internet financial research, mutual funds and other investment opportunities, budgeting, and more. Original.

The Girl's Guide to Starting Your Own Business (Revised Edition) - Caitlin Friedman 2010-12-07

Geared toward the unique challenges faced by self-employed businesswomen—and updated for the social media-driven, post-financial

crisis world—The Girl's Guide to Starting Your Own Business offers solutions and advice for handling a range of issues, including how to write a business plan, how to secure funding, and how to hire (and fire) employees. Caitlin Friedman and Kimberly Yorio share practical information drawn from their own extensive experience in the public relations, marketing, and consulting fields. Their concise and engaging advice is explained through entertaining tips, lists, and quizzes that speak directly to women who are dreaming of starting, or have already started, their own businesses.

The Good Girl's Guide to Getting Lost - Rachel Friedman 2011-03-29

Rachel Friedman has always been the consummate good girl who does well in school and plays it safe, so the college grad surprises no one more than herself when, on a whim (and in an effort to escape impending life decisions), she buys a ticket to Ireland, a place she has never visited. There she forms an unlikely bond with a free-spirited Australian girl, a born adventurer who spurs Rachel on to a yearlong odyssey that takes her to three continents, fills her life with newfound friends, and gives birth to a previously unrealized passion for adventure. As her journey takes her to Australia and South America, Rachel discovers and embraces her love of travel and unlocks more truths about herself than she ever realized she was seeking. Along the way, the erstwhile good girl finally learns to do something she's never done before: simply live for the moment.

A Shy Girl's Guide To Networking - Melitta Campbell 2021-05-07

If you've ever wondered how some people network so effortlessly, while you feel awkward and out of place, this book is for you. Written from a shy girl's perspective, in this book Melitta Campbell shares the exact steps introverts can take to master the three phases of networking, both online and in person, to build powerful and lasting relationships. As an introvert herself, getting out into the 'networksphere' was always a battle for Melitta until she created her innovative VICTORY Formula. This laid out her own rules of engagement, enabling her to embrace her natural abilities as an introvert, grow in confidence and shine while networking. In learning this formula for yourself, you'll be able to enjoy the same

results. This small, but mighty book will help you: - Overcome your networking fears and hesitations- Create your personalised networking vision and plan- Manage engaging conversations and move on politely- Leverage the three phases of networking for business success- Build your personal brand through your in person and online networking- Embrace your natural (and powerful) skills as an introvert...and much more!Melitta's network has opened exciting new doors and enabled her to grow beyond what she felt possible, leading her to conclude that, 'networking is the ultimate shortcut to everything you desire in business, and in life'. If you are ready to achieve the next level of success in your business, A Shy Girl's Guide to Networking will help you get there.

A Girl's Guide to College - Traci Maynigo 2003

Offers college-bound young women advice on academic life, finances, dating, health, sexuality, and getting the most out of college.

The Girls' Guide to Hunting and Fishing - Melissa Bank 2005-05-26

After following the advice from a manual called "How to Meet and Marry Mr Right", Jane learns that in love there is neither pattern nor promise. This is a funny collection of connected stories and a portrait of Jane, a woman manoeuvring her way through love, sex and relationships.

Instant CEO - Jennifer Anderson 2021-11-09

From employee to CEO, your time has come to be the boss! Do you have an idea in your head that would make a great product but you have no idea what to do with it? Are you sick of making someone else's dream come true and you're ready to bring yours to life? Does starting an online business seem scary and intimidating to you? Well, it doesn't really have to be! There are so many people who have been exactly where you are and they've made their dreams come true. In fact, there are 582 million entrepreneurs in the entire world. Who's to say you can't be one too? Some of these entrepreneurs started online businesses that have become some of the biggest brands in the world. These online business owners have managed to turn their hobbies and interests into full-fledged gigs that have now become their lives. Being the CEO of your own online business can be one of the most rewarding achievements of your life. Women all over the world have become incredibly successful in CEO

positions and you can too. This is your sign to get things moving and join some powerful female entrepreneurs like Oprah Winfrey, Kylie Jenner, and Tyra Banks. In *Instant CEO*, you will discover: What makes a powerful CEO and the qualities you need to get the job done How to create a dynamic visual identity for your brand that resonates with your future customers The importance of creating a website and how to, officially, launch your online business Detailed steps on how to market your business and which platforms would be perfect for your advertisements How to register your business so that everything is up to code and legal The power of creating a business plan that will structure your business for long-term success How to find the perfect product that speaks to your brand values and personality Valuable tips on how to manage your finances so you are always on budget And much more. If you're ready to ditch that 9-to-5 job and move on to do bigger and greater things, *Instant CEO* can be the best friend you were always hoping for. If you have ever felt overwhelmed about starting an online business, this guide will teach you everything you need to know to make your dreams come true. You can finally be the powerful female CEO that you read about in the news. If you're ready to control the reins of your life and bring your dream of starting an online business to life, then scroll up and click the "Add to Cart" button right now.

American Medical Association Girl's Guide to Becoming a Teen - American Medical Association 2006-05-19

Becoming a teen is an important milestone in every girl's life. It's even more important to get answers and advice to the most common health issues girls face from a trusted source. The American Medical Association *Girl's Guide to Becoming a Teen* is filled with invaluable advice to get you ready for the changes you will experience during puberty. Learn about these important topics and more: Puberty and what kinds of physical and emotional changes you can expect—from your developing body to your feelings about boys The importance of eating the right foods and taking care of your body Your reproductive system inside and out Starting your period—what it means and how to handle it Thinking about relationships and dealing with new feelings

[A Smart Girl's Guide](#) - Nancy Holyoke 2014

A practical reference for young girls helps them identify personal spending styles while outlining strategies for earning money, saving funds and making smart shopping choices as recommended through the quotes and tips of other girls. Original.

Sister Ceo - Cheryl D. Broussard 1998-01-01

In this idea-packed, can-do handbook on entrepreneurship, successfully self-employed businesswoman Cheryl Broussard shows you how to take control of your destiny by taking control of your work. *Sister CEO* arms the would-be entrepreneur with all the basics—from finding the right niche and overcoming emotional barriers to raising start-up funds, handling publicity, and learning salesmanship. You'll find profiles of other African American women who've succeeded on their own terms, and scores of ideas for services and products that can be made or marketed out of the home. With your existing knowledge, a strategic plan, commitment, confidence, and above all, action, you can claim for yourself the job title "Sister CEO." *Upscale* magazine declared Broussard's bestselling first book, *The Black Woman's Guide to Financial Independence*, "A must-read for anyone who wants to develop an economic base and for anyone who understands that knowledge in action is the ultimate form of power." *Sister CEO* is an equally essential guide.

A Girl's Guide to Making Really Good Choices - Elizabeth George 2013-09-01

Every girl is a beautiful creation, uniquely equipped by God to do His work in the world. But as girls are growing, changing, and making choices about the kinds of lives they will lead, they are bombarded with conflicting messages about what it means to be a woman. The media says one thing, boys say another, and friends seem obsessed with whatever is newest and coolest. As a result, girls too often hand their decisions over to those least qualified to make them. Into the breach steps Elizabeth George, bestselling author and beloved Bible teacher. With wisdom, gentleness, and tremendous grace, she guides tween girls ages 8 to 12 through the most challenging decisions they face, teaching them to let God—not the world—define who they are. Discussing such topics as

attitude, friendships, crushes, parents, school, and avoiding bad situations, Elizabeth helps girls see that the very best choice of all is a choice to live within God's will. Perfect for individuals, small groups, and mentoring.

Swell - Cynthia Rowley 1999

Aims to help women combine style and spirit with panache, offering tips on topics ranging from creating a signature look to getting the best table in a bistro

A Smart Girl's Guide to Understanding Her Family - Amy Lynch 2009

Offers advice to help girls understand and get along with parents, stop fights with siblings before they start and negotiate positive solutions to family problems.

A Good Girl's Guide to Murder - Holly Jackson 2020-02-04

THE MUST-READ MULTIMILLION BESTSELLING MYSTERY SERIES•

Everyone is talking about *A Good Girl's Guide to Murder*! With shades of *Serial* and *Making a Murderer* this is the story about an investigation turned obsession, full of twists and turns and with an ending you'll never expect. Everyone in Fairview knows the story. Pretty and popular high school senior Andie Bell was murdered by her boyfriend, Sal Singh, who then killed himself. It was all anyone could talk about. And five years later, Pip sees how the tragedy still haunts her town. But she can't shake the feeling that there was more to what happened that day. She knew Sal when she was a child, and he was always so kind to her. How could he possibly have been a killer? Now a senior herself, Pip decides to reexamine the closed case for her final project, at first just to cast doubt on the original investigation. But soon she discovers a trail of dark secrets that might actually prove Sal innocent . . . and the line between past and present begins to blur. Someone in Fairview doesn't want Pip digging around for answers, and now her own life might be in danger. And don't miss the sequel, *Good Girl, Bad Blood*! "The perfect nail-biting mystery." --Natasha Preston, #1 New York Times bestselling author

How to Start Your Own Band - Daniel E. Harmon 2011-12-15

This electrifying book covers all the requirements for starting a band.

A Smart Girl's Guide: Making a Difference - Melissa Seymour

2020-08-24

Girls have the power to make a difference, whether that's in their own lives, their community, or even the world! But it can be confusing to know where to start. From protecting our planet to helping animals to saying hello to someone who seems lonely, this book offers young readers lots of ideas -- big and small -- on how to spark change. The quizzes, tips, and inspiration from other girls will help her identify her talents, skills, and the causes she cares about most. Then she can find ways to take action and become a change-maker!

The Girl's Guide - Melissa Kirsch 2015-04-07

A colossal cheat sheet for your post-college years, answering all the needs of the modern woman—from mastering money to placating overly anxious parents, from social media etiquette to the pleasure and pain of dating (and why it's not a cliché to love yourself first). A perfect combination of tried-and-true advice and been-there tips, it's a one-stop resource that includes how to clean up your digital reputation, info on finding an apartment you can afford and actually want to live in, and why you should exercise the delicate art of defriending. Plus the fundamentals, from health (mental and physical) to spirituality to ethics to fashion, all delivered in Melissa Kirsch's fresh, personal, funny voice—as if your best friend were giving you the best and smartest advice in the world.

The Girls' Guide to Rocking - Jessica Hopper 2009-06-04

"Everything you need to know to turn your love of music--and desire to play it--into something real"--P. [4] of cover.

A Girl's Guide to Poker - Amanda Botfeld 2019-12-09

So you want to play poker. Maybe it's the challenge. Maybe it's the cash. Maybe you're turned on by guys in hoodies and sunglasses. Whatever the reason, if you're a girl - or guy! - who wants to learn poker, then this book is handier than your high school cheat sheet. Learn everything from insider poker lingo (bluff! checkraise! snapcall!) to fancy winning plays with the help of easy-to-read mini-chapters and quizzes. Most poker books read like a math textbook. This one reads like *Cosmo*. The only poker book that teaches card playing strategy and how to bluff your

boyfriend, *A Girl's Guide to Poker* will make you the belle of the ball – or the cardshark of the casino. Amanda Botfeld isn't your average poker player – how many hold their cards with a red nail polish manicure? Not enough! Nicknamed the Bridget Jones of poker, she seeks to turn the tables for women everywhere, writing a sassy how-to guide so more women can join the game. A writer at heart, her work has previously been published in the Wall Street Journal, Los Angeles Times, and Huffington Post.

A Girl's Guide to Joining the Resistance - Emma Gray 2018-02-27
An illustrated big-sister's guide to activism—the perfect gift for young feminists and long-time observers looking to enter the fray. Have recent events given you pause? Does Trump's America make you fearful for the future of women? Do you want to become more involved in helping to preserve women's rights but aren't sure how? In *A Girl's Guide to Joining the Resistance*, Emma Rose Gray, Executive Editor at The Huffington Post, outlines all that young women need to know on pivotal women's rights issues and offers a blueprint for those who want to take a stand and participate in the cause. This groundbreaking book includes:

- Background information on key issues so you can choose where you most want to take a stand.
- A guide for learning about the first Amendment and how to choose good news sources and make sure you're getting quality information.
- Practical instructions on how to get involved and stay involved, with examples from the author's own experience organizing the successful "Watch Us Run" conference.
- Instructions for how to talk to your friend who says she's "just not that political" and your relatives whose beliefs conflict with your own.
- Advice for self-care and how to stay involved without exhausting yourself.
- Extensive back-matter including numbers to call, organizations to email and donate to, and scripts for reaching out to representatives and organizations.
- Interviews with experienced activists including senator Elizabeth Warren, actress Amber Tamblyn, actress Marlo Thomas, Women's March Co-Chair Carmen Perez, Mother of the Movement Lucy McBath, Black Lives Matter creator Alicia Garza, People for Bernie Founder Winnie Wong, and former assistant to President Obama Tina Tchen. Featuring

original 2-color illustrations throughout by New York Magazine's Eva Hill, *A Girl's Guide to Joining the Resistance* illuminates why the time has never been more important than now to get involved in helping to ensure women's rights are protected for the current and future generations of women.

*The Good Girl's Guide to Being a D*ck* - Alexandra Reinwarth 2019-04-02
THE INTERNATIONALLY BESTSELLING NO-NONSENSE GUIDE THAT WILL TRANSFORM YOUR LIFE. Stop worrying about being nicer, calmer, or more patient. Be a d*ck. For author Alexandra Reinwarth, it all began when she told off a toxic friend. Realizing this person was making her life miserable, she ditched her. This one small act of rebellion sparked a huge change in the way Alexandra forever dealt with social guilt about everything. Ever struggle with how you are as a person as a friend or a coworker as a partner or a mother as a daughter-in-law? THE GOOD GIRL'S GUIDE TO BEING A D*CK will teach you how to embrace your inner jerk, guiding you through who and what to get rid of from your life, stop worrying about what others think, and how the seemingly small things in life can have a huge impact on the quality of your everyday living. You'll learn how to embrace your own needs and desires to live the life you've always wanted. For any woman who has felt that familiar agony of saying "no"--this book is for you.

Making a Difference (American Girl) - Rebecca Mallery 2022-01-18
Find out how Samantha, Kit™, Melody™, and other American Girl® characters made a difference in their own way and in their own time with this Little Golden Book. Melody, Kit, Samantha, and other American Girl characters from different time periods show why it's important to stand up for what you believe in and to fight for fairness. Celebrate an introduction to empowerment in this Little Golden Book that's just right for children ages 2 to 5. It features full-color illustrations and a diverse group of spirited characters from a variety of historical settings that are always engaging. Look out for these other great books:

- *Happy Birthday!* (American Girl) 9780593381854
- *Happy Holidays!* (American Girl) 9780593381946

Introduced in 1986, American Girl's flagship line of historical characters features 18-inch dolls, books, and accessories that

give girls a dramatic understanding of the role women and girls played in shaping our country. Little Golden Books enjoy nearly 100% consumer recognition. They feature beloved classics, hot licenses, and new original stories . . . the classics of tomorrow.

The Girl's Guide to Being a Boss (Without Being a Bitch) - Caitlin Friedman 2007-05-01

Forget what you've heard. Nice girls can get the corner office. As women, we haven't always had the best role models at work. We've either worked for men or we've had female bosses who are, well, big bitches. Women still don't have much of a road map right now when it comes to taking charge at the office, so the team who brought you the national bestseller *The Girl's Guide to Starting Your Own Business* is drawing one for us. Caitlin Friedman and Kimberly Yorio will teach you to be powerful without being possessive, to be opinionated without being brassy, and to have a strong voice without micromanaging. You'll learn just how to own the role of queen bee in a positive way so that you can be more mentor than manager, one who leads, inspires, and motivates. So, you finally got that promotion. You're the boss now. The supervisor. The manager. The captain. The taskmaster. Those days of taking orders, running errands, and clock-watching are over. As exciting as all this might seem, once the rush of the promotion is over, you might be scratching your head wondering exactly what to do. Being the boss is never easy, but it's twice as hard for a woman. It seems like there's no middle ground. Either you're the dragon lady who rules with an iron fist or the mousey girl who gets drowned out at every meeting. When a woman wields authority and dares to make tough decisions, how often is the "B-word" bandied about by her employees? How can she strike that balance between pushover and dictator? Fear not. You can do the job. All you need is a little helpful advice to send you on your way. Whether you supervise two as a shift manager or lord over an entire corporate empire, Caitlin Friedman and Kim Yorio will show you how to step gracefully into your new position of power. They'll teach you how to motivate your team without alienating them, how to delegate without feeling guilty, how to deal with office politics and how to handle evaluations, promotions, and

even firings. And for those of you who are already running the show, they can help you become the mentor your employees deserve. Inside, there are self-assessment questionnaires to help you find out where you land on the bitch or wimp scale; interviews with prominent female bosses, human-resources directors, and therapists; and advice from a whole host of experts. In addition, there are funny and informative checklists and tips to make sure you're the Good Witch around the office and not the Big Bitch. And, most important, Caitlin and Kim will teach you the secrets to owning your role and loving it. You've earned your promotion, so enjoy it!

OWN IT! - Margaret Wright 2017-03-24

OWN IT! A Girl's Guide to Building Wealth is the beginning of your love affair with your money, yourself and your new real estate lifestyle. A no-nonsense, tough-love approach to get you moving, this book follows the stories of three very different women fed up living a life of mediocrity who are ready to take charge of their financial freedom.

Who Says It's a Man's World - Emily Bennington 2013

For women ready to climb the rocky path from cubicle to executive suite - this practical guide offers everything you need to build your own fast-track career plan.

It's a Money Thing! - Women's Foundation of California 2008

Through engaging and practical exercises, a guide to making, saving, investing, and spending money teaches girls valuable lessons to help them lead financially secure and independent lives. Original.

A Girl's Guide to Being Fearless - Suzie Lavington 2021-01-11

THE ULTIMATE SELF-CARE BOOK FOR TEENAGE GIRLS Face up to the world with confidence and higher self-esteem Growing up has become faster, more furious and the pressures more intense. Anxiety and panic have reached epidemic proportions. A third of teenage girls will suffer from depression. Factor in a rise in self-harm and eating disorders and the mental health stats become alarming. It's time to equip young women with the means to fight back. *A Girl's Guide to Being Fearless* unlocks self-esteem, confidence, wellbeing, resilience and offers an antidote to an overwhelming world of altered photos, filters, and fillers. A

Girl's Guide helps parents, girls, and teachers understand that wellbeing is an inside job. As an essential book for our time, this guide reflects the challenging world facing teens. The authors suggest there is little to be gained by asking girls to stop taking selfies or using Instagram filters, because these habits are ingrained in teenage culture. Instead, guidance is provided on how girls can take action to increase their confidence and love the skin they are in. Moreover, it's about learning to be a class act in person and online. Practical exercises and doable ideas to inspire young women Encouragement to eliminate self-limiting beliefs Guidance for girls on lifting themselves and others up Tips for showing greater confidence and being excited about the future Suggestions for how to live your best life Keep calm and read *A Girl's Guide to Being Fearless*, a gathering of life's cheat codes; all simple, do-able and hugely entertaining. Learn how to show anxiety the door and let in more of the good stuff. This book will help you find your Brave. Whisper it quietly, but it might even change your life.

The Smart Girl's Guide to Privacy - Violet Blue 2015-08-01

The whirlwind of social media, online dating, and mobile apps can make life a dream—or a nightmare. For every trustworthy website, there are countless jerks, bullies, and scam artists who want to harvest your personal information for their own purposes. But you can fight back, right now. In *The Smart Girl's Guide to Privacy*, award-winning author and investigative journalist Violet Blue shows you how women are targeted online and how to keep yourself safe. Blue's practical, user-friendly advice will teach you how to: -Delete personal content from websites -Use website and browser privacy controls effectively -Recover from and prevent identity theft -Figure out where the law protects you—and where it doesn't -Set up safe online profiles -Remove yourself from people-finder websites Even if your privacy has already been compromised, don't panic. It's not too late to take control. Let *The Smart Girl's Guide to Privacy* help you cut through the confusion and start protecting your online life.

[A Smart Girl's Guide to Starting Middle School](#) - Julie Williams 2004
Offers advice on navigating the transition from elementary to middle

school, from teacher to friends, schoolwork to homework, and lockers to classrooms.

A Girl's Guide to Kicking Goals - Steph Claire Smith 2018-11-28

Growing up is hard for everyone. For girls today, in a world of 24-hour connectivity, it can be harder than ever. *A Girl's Guide to Kicking Goals* is about growing confidence in yourself even while your body changes. It's a guide to smashing your goals and, when you don't, bouncing back and trying again. Learn to be kind to yourself; stop comparing and judging others. Feel OK with the skin you're in and shake off the bullies. Get stress- and time-management hacks to keep you calm in a super-busy world. Plus killer workouts and delicious healthy recipes for a girl on the go. Steph Claire Smith and Laura Henshaw are two models turned young entrepreneurs. They are extremely passionate about healthy living, body confidence in young women, and making social media a positive space.

The Girls' Guide to Building a Million-Dollar Business - Susan Solovic 2007-10-10

We've all been told that nice girls don't get the corner office. And they certainly don't strike out on their own to start a million-dollar company. . Fortunately, we all know better. As the head of the highly successful SBTV.com (Small Business Television), author Susan Solovic is an authority on making money and building a thriving business. Now in *The Girls' Guide to Building a Million-Dollar Business*, she shows women how to gain the confidence and knowledge they need to become successful entrepreneurs. Featuring interviews with daring, powerhouse women like Gayle Martz, President & CEO, Sherpa's Pet Training Company, and Taryn Rose of Taryn Rose International, Solovic offers frank advice and hard-won lessons including: • Taking emotions out of the workplace. Make business decisions based on what is best for the company, not on your personal feelings. • Thinking big and bold. Believe that you can be successful and be willing to announce your intentions to the world. • Managing for growth. Hire the right people and discover the best ways to keep them. • Never being afraid to take a chance. Boost profits by taking financial risks. Inspiring and unflinching, *The Girls' Guide to Building a Million-Dollar Business* shows women that not only do they

have the power to earn more money and control their financial

destinies—they deserve to.