

Quitter Closing The Gap Between Your Day Job Your Dream Job

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Live the Dream - Larry Winters 2012-04-03

At the age of 24, working with his wife at a car wash, Larry Winters was struggling to get by. He decided he needed to make a change for the better, so he seized control of his life and, day by day, built his own business. Along the way, he learned many lessons about sacrifice, personal responsibility, determination and independence **LIVE THE DREAM: No More Excuses**, is Winters' inspiring story of his journey from a young man with no ambition to a man in control of his financial destiny. He uses examples from his own life to teach readers how to gain financial freedom for themselves. Most importantly, Winters stresses how self limitation is damaging and holds people back, keeping them from achieving the successful lives they desire. **LIVE THE DREAM** provides an inspirational blueprint for readers to gain financial freedom, and build their own businesses--to give up excuses and achieve their life goals, all while staying grounded in what really matters: family, friends and faith. Larry Winters' powerful motivational style will have readers ready to seize the day and live their dreams.

Boss Up! - Lindsay Teague Moreno 2019-08-06

Boss Up! will help you put your business on the map and the ideas you've previously only dreamed about into the marketplace. Learn to overcome your fears and guilt to find a fulfillment that changes you and your family

for the better— breaking free of the hard and boring and having fun along the way. In **Boss Up!** Lindsay helps you gain confidence to understand that having ambition doesn't make you a bad wife or mother. That it's okay to have a desire for something more than endless sippy cups, clean-ups, Band-Aids, and groundings. That no matter your education or experience, you can tap into your passions and create businesses that give you increased flexibility, fulfillment, and financial security. Lindsay doesn't just do this through commiserating but by giving you the tools for change. Using the lessons she learned on her own path to success, Lindsay shares real, solid business principles with ten distinct success philosophies that you will encounter on the journey to entrepreneurship, such as: Thinking long-term Being unapologetically yourself Use the "unsales" tactic Understand your "why" Lindsay is a stay-at-home mom turned multimillion-dollar-producing business owner, but she doesn't just have a passion for entrepreneurship. She has a deep passion for helping women of all walks of life gain the confidence and skills to tap into their ambition and achieve success in their own business endeavors. Are you ready to **Boss Up?**

Quit - Annie Duke 2022-10-04

From the bestselling author of *Thinking in Bets* comes a toolkit for mastering the skill of quitting to achieve greater success **Business**

leaders, with millions of dollars down the drain, struggle to abandon a new app or product that just isn't working. Governments, caught in a hopeless conflict, believe that the next tactic will finally be the one that wins the war. And in our own lives, we persist in relationships or careers that no longer serve us. Why? According to Annie Duke, in the face of tough decisions, we're terrible quitters. And that is significantly holding us back. In *Quit*, Duke teaches you how to get good at quitting. Drawing on stories from elite athletes like Mount Everest climbers, founders of leading companies like Stewart Butterfield, the CEO of Slack, and top entertainers like Dave Chappelle, Duke explains why quitting is integral to success, as well as strategies for determining when to hold em, and when to fold em, that will save you time, energy, and money. You'll learn: How the paradox of quitting influences decision making: If you quit on time, you will feel you quit early What forces work against good quitting behavior, such as escalation commitment, desire for certainty, and status quo bias How to think in expected value in order to make better decisions, as well as other best practices, such as increasing flexibility in goal-setting, establishing "quitting contracts," anticipating optionality, and conducting premortems and backcasts Whether you're facing a make-or-break business decision or life-altering personal choice, mastering the skill of quitting will help you make the best next move.

Start - Jon Acuff 2013-04-22

Wall Street Journal best-selling author Jon Acuff reveals the steps to getting unstuck and back onto the path of being awesome. Over the last 100 years, the road to success for most everyone has been divided into five stages that mirror the decades of working life: Your 20s are a period of Learning. This is the decade of trying a thousand things, exploring a multitude of interests, and discovering what really motivates you. Your 30s are a period of Editing. This is the decade of sorting out interests, where you discover what you really care about and who you really are. Your 40s are a period of Mastering. This is the decade of narrowing focus, honing skill sets, and becoming an expert in your field. Your 50s are a period of Harvesting. This is the decade of reaping the benefits of good decisions and enjoying the highest income-earning period in a

career. Your 60s are a period of Guiding. This is the decade of mentoring, training, and encouraging others on their own road to success. Every successful person has followed these steps regardless of their occupation. But three things have changed the path to success and erased the decades associated with them: Finish lines are dead - Boomers are realizing that a lot of the things they were promised aren't going to materialize, and they have started second and third careers. Anyone can play - Technology has given access to an unprecedented number of people who are building online empires and changing their lives in ways that would have been impossible years ago. Hope is boss - The days of "success first, significance later," have ended. A new generation doesn't want to change the world eventually; they want to change it now through the wells they kickstart in Africa and the TOMS they wear on their feet. The value system has been flipped upside down. The result is that you've got an entire generation pushing down to start over, another generation pushing up to start for the first time, and in the middle of this collision, the tools to actually change the world. Experience years now trump chronological age. And while none of the five stages can be skipped, they can be shortened and accelerated. There are only two paths in life: average and awesome. The average path is easy because all you have to do is nothing. The awesome path is more challenging, because things like fear only bother you when you do work that matters. The good news is Start gives readers practical, honest, actionable insights to be more awesome, more often. It's time to punch fear in the face, escape average, and do work that matters. It's time to Start.

The Focus Project - Erik Qualman 2020-05

The Mamba Mentality - Kobe Bryant 2018-10-23

The Mamba Mentality: How I Play is Kobe Bryant's personal perspective of his life and career on the basketball court and his exceptional, insightful style of playing the game—a fitting legacy from the late Los Angeles Laker superstar. In the wake of his retirement from professional basketball, Kobe "The Black Mamba" Bryant decided to share his vast

knowledge and understanding of the game to take readers on an unprecedented journey to the core of the legendary “Mamba mentality.” Citing an obligation and an opportunity to teach young players, hardcore fans, and devoted students of the game how to play it “the right way,” The Mamba Mentality takes us inside the mind of one of the most intelligent, analytical, and creative basketball players ever. In his own words, Bryant reveals his famously detailed approach and the steps he took to prepare mentally and physically to not just succeed at the game, but to excel. Readers will learn how Bryant studied an opponent, how he channeled his passion for the game, how he played through injuries. They’ll also get fascinating granular detail as he breaks down specific plays and match-ups from throughout his career. Bryant’s detailed accounts are paired with stunning photographs by the Hall of Fame photographer Andrew D. Bernstein. Bernstein, long the Lakers and NBA official photographer, captured Bryant’s very first NBA photo in 1996 and his last in 2016—and hundreds of thousands in between, the record of a unique, twenty-year relationship between one athlete and one photographer. The combination of Bryant’s narrative and Bernstein’s photos make The Mamba Mentality an unprecedented look behind the curtain at the career of one of the world’s most celebrated and fascinating athletes.

Soundtracks - Jon Acuff 2021-04-06

Overthinking isn't a personality trait. It's the sneakiest form of fear. It steals time, creativity, and goals. It's the most expensive, least productive thing companies invest in without even knowing it. And it's an epidemic. When New York Times bestselling author Jon Acuff changed his life by transforming his overthinking, he wondered if other people might benefit from what he discovered. He commissioned a research study to ask 10,000 people if they struggle with overthinking too, and 99.5 percent said, "Yes!" The good news is that in Soundtracks, Acuff offers a proven plan to change overthinking from a super problem into a superpower. When we don't control our thoughts, our thoughts control us. If our days are full of broken soundtracks, thoughts are our worst enemy, holding us back from the things we really want. But the solution

to overthinking isn't to stop thinking. The solution is running our brains with better soundtracks. Once we learn how to choose our soundtracks, thoughts become our best friend, propelling us toward our goals. If you want to tap into the surprising power of overthinking and give your dreams more time and creativity, learn how to DJ the soundtracks that define you. If you can worry, you can wonder. If you can doubt, you can dominate. If you can spin, you can soar.

Napoleon Hill's Keys to Personal Achievement - Napoleon Hill
2016-02-16

Think of it! Think of the people who drift aimlessly through life, dissatisfied, struggling against a great many things, but without a clear-cut goal. Can you state, right now, what it is that you want out of life? Fixing your goals may not be easy. It may even involve some painful self-examination. But it will be worth whatever effort it costs, because as soon as you can name your goal, you can expect to enjoy many advantages. With contemporary commentary by Judith Williamson, the director of the Napoleon Hill World Learning Center, Napoleon Hill’s Keys to Personal Achievement will provide you with: Alert imagination Contagious enthusiasm Greater initiative Increased self-reliance A new world-view A larger vision Decreased problems Magnetic personality Higher hopes and ambitions Try it and see. Think of change as growth. You are the one who holds the key to your success. Nothing holds you back except yourself. Get out of your own way, and move forward. You can do it if you believe you can!

Quitter - Jon Acuff 2011-04-11

From figuring out what your dream is to quitting in a way that exponentially increases your chance of success, Quitter is full of inspiring stories and actionable advice. This book is based on 12 years of cubicle living and my true story of cultivating a dream job that changed my life and the world in the process. It’s time to close the gap between your day job and your dream job. It’s time to be a quitter.

Strong Fathers, Strong Daughters - Meg Meeker 2006-09-30

Inspiration for the motion picture streaming August 1 on Pure Flix!
Drawing on her thirty years' experience practicing pediatric and

adolescent medicine, teen health expert Dr. Meg Meeker explains why an active father figure is maybe the single most important factor in a young woman's development. In this invaluable guide, Meeker shows how a father can be both counsel and protector for his daughter as she grows into a spiritually and mentally strong young woman. From cradling his newborn to walking her down the aisle, a father must relish his paramount responsibility—guiding the course of his daughter's life. Meeker reveals • how a man can become a "strong father" • how a father's guidance influences every part of a woman's life, from her self-respect to her perspective on drugs, alcohol, and sex • how to lay down ground rules that are respected without creating distance in your relationship with your daughter • why you need to be your daughter's hero • the mistakes most fathers make and their serious consequences • how to help daughters make their own good decisions and avoid disastrous mistakes • how a father's faith will influence his daughter's spiritual development • how to get through to you daughter, even during her toughest don't-talk-to-me years • true stories of daughters who were on the wrong path—and how their fathers helped to bring them back Learn how to grow, strengthen, or rebuild your relationship with your daughter to better both your life and hers in the bestselling *Strong Fathers, Strong Daughters: 10 Secrets Every Father Should Know*. *InstaBrain* - Sarah Weise 2019-03-24

In *InstaBrain*, you will learn: - Where they go for different types of content - What draws them in - How they make a buying decision - What keeps them coming back - How to tailor your marketing strategy for this new generation If you don't know this about Generation Z, you'll be out of business before you can say "IG."

The Health Benefits of Smoking Cessation - 1990

The Quitter - Harvey Pekar 2005

The comic book author delves into his childhood, which he spent among Jewish immigrants in Cleveland, to identify the roots of his fear of failure, an affliction that plagued him until the time of his death.

[Stuff Christians Like](#) - Jon Acuff 2020-04-07

Using the same humor and honesty that galvanized more than a million online readers from more than 200 countries, speaker Jon Acuff brings his insightful take on Christianity to the book world with this new edition of *Stuff Christians Like*. Do you constantly find yourself towing the fine line between praying before certain types of meals and not others? This book is for you. Have you fallen in love on a mission trip, just to break up when you get home? This book is for you. Are you a unicorn of purity who ranks honeymoon sex slightly higher than the second coming of Christ? Guess what - this book is for you, too. It's time to shake off Somber Christian Syndrome and embrace the quirks of being a member of God's kingdom. This book will teach you how to: Break up with your small group Subtly find out if your new Christian friends drink beer too Recognize the shame grenade that is a Jesus Juke Avoid a prayer handholding faux pas Say something Christian-y without looking like a snake handler From prayer shot blocks to metro worship leaders, no stone is left unturned in this hilarious look at faith. "I never knew how much I needed Jesus until I found out I was judging people who use the table of contents in their Bible. This book saved me from looking like a bad Christian." - Sister Mary Francis, Rhode Island. "It's such a time saver to know that my Chick-fil-a from the drive-thru comes pre-blessed. I always knew I was making the right choice by choosing the Lord's chicken." - Dave L., South Carolina.

We Beat the Street - Sampson Davis 2006-04-20

Growing up on the rough streets of Newark, New Jersey, Rameck, George, and Sampson could easily have followed their childhood friends into drug dealing, gangs, and prison. But when a presentation at their school made the three boys aware of the opportunities available to them in the medical and dental professions, they made a pact among themselves that they would become doctors. It took a lot of determination—and a lot of support from one another—but despite all the hardships along the way, the three succeeded. Retold with the help of an award-winning author, this younger adaptation of the adult hit novel *The Pact* is a hard-hitting, powerful, and inspirational book that will speak to young readers everywhere.

Forgiveness Unforgettable - Nikki Lee Brannon 2015-07-15

Nikki endured a life of extreme domestic violence, poverty, and sexual abuse in Southern Alabama, as her family struggled daily to survive the rage of her alcoholic father, Colby Winslow. Marie, Nikki's mother, paved a path of unbelievable strength and faith that forged a foundation of conquering forgiveness in the midst of insurmountable pain and terror. Nikki and her six young siblings lived in complete fear each day of their lives as Colby's abuse became more intense. Growing up in this atmosphere of chaos should have caused Nikki to transform into an angry, juvenile delinquent filled with hatred and bitterness. However, the faith Marie successfully implanted into her children made the absolute difference in the person Nikki became. The most difficult circumstance of Nikki's life would ultimately place Colby right in her face as she was forced to recognize what she should do---forgive.

The Art of Work - Jeff Goins 2015-07-31

The Cult of Smart - Fredrik deBoer 2020-08-04

Named one of Vulture's Top 10 Best Books of 2020! Leftist firebrand Fredrik deBoer exposes the lie at the heart of our educational system and demands top-to-bottom reform. Everyone agrees that education is the key to creating a more just and equal world, and that our schools are broken and failing. Proposed reforms variously target incompetent teachers, corrupt union practices, or outdated curricula, but no one acknowledges a scientifically-proven fact that we all understand intuitively: Academic potential varies between individuals, and cannot be dramatically improved. In *The Cult of Smart*, educator and outspoken leftist Fredrik deBoer exposes this omission as the central flaw of our entire society, which has created and perpetuated an unjust class structure based on intellectual ability. Since cognitive talent varies from person to person, our education system can never create equal opportunity for all. Instead, it teaches our children that hierarchy and competition are natural, and that human value should be based on intelligence. These ideas are counter to everything that the left believes, but until they acknowledge the existence of individual cognitive

differences, progressives remain complicit in keeping the status quo in place. This passionate, voice-driven manifesto demands that we embrace a new goal for education: equality of outcomes. We must create a world that has a place for everyone, not just the academically talented. But we'll never achieve this dream until the Cult of Smart is destroyed.

Finish - Jon Acuff 2018-12-04

#1 Wall Street Journal bestseller! Jon Acuff, New York Times best-selling author of *Do Over*, *Quitter*, and *Start*, offers strategies for anyone who's ever wondered, "Why can't I finish what I started?" According to studies, 92 percent of New Year's resolutions fail. You've practically got a better shot at getting into Juilliard to become a ballerina than you do at finishing your goals. For years, I thought my problem was that I didn't try hard enough. So I started getting up earlier. I drank enough energy drinks to kill a horse. I hired a life coach and ate more superfoods. Nothing worked, although I did develop a pretty nice eyelid tremor from all the caffeine. It was like my eye was waving at you, very, very quickly. Then, while leading a thirty-day online course to help people work on their goals, I learned something surprising: The most effective exercises were not those that pushed people to work harder. The ones that got people to the finish line did just the opposite— they took the pressure off. Why? Because the sneakiest obstacle to meeting your goals is not laziness, but perfectionism. We're our own worst critics, and if it looks like we're not going to do something right, we prefer not to do it at all. That's why we're most likely to quit on day two, "the day after perfect"—when our results almost always underperform our aspirations. The strategies in this book are counterintuitive and might feel like cheating. But they're based on studies conducted by a university researcher with hundreds of participants. You might not guess that having more fun, eliminating your secret rules, and choosing something to bomb intentionally works. But the data says otherwise. People who have fun are 43 percent more successful! Imagine if your diet, guitar playing, or small business was 43 percent more successful just by following a few simple principles. If you're tired of being a chronic starter and want to become a consistent finisher, you have two options:

You can continue to beat yourself up and try harder, since this time that will work. Or you can give yourself the gift of done.

CCIE Routing and Switching v5.1 Foundations - Narbik Kocharians
2017-05-30

CCIE-level Cisco routing and switching guide for every CCNP Preparing for the CCIE Routing and Switching lab exam typically involves deep and lengthy study. But if you already possess the Cisco CCNP Routing and Switching certification, you already know much of what you'll need to succeed on CCIE's labs. This book will help you quickly bridge your remaining knowledge gaps and make the most of everything you already know. CCIE Routing and Switching v5.1 Foundations addresses every segment of the CCIE R&S Version 5 blueprint, helping you focus your study where it will do the most good: intense hands-on practice to deepen your current knowledge and thorough explanations of theoretical topics you haven't yet encountered. Based on the author's industry-recognized CCIE prep classes, it includes 40+ detailed labs for real gear and platform emulators; structured illustrations of protocol and feature operation; and topic-specific labs to drive the theory home. It includes a full lab walkthrough of a complex configuration reflective of the actual CCIE—ensuring that you thoroughly understand the technologies and interactions you're reading about. Discover the physical topology for any network deployment Master Spanning Tree Protocol (STP) foundations and advanced features Deploy and optimize PPP and use its full set of capabilities Implement Dynamic Multipoint VPNs (DMVPNs) from start to finish Use IP Prefix lists in prefix filtration, packet filtering, and other applications Handle any RIPv2 deployment scenario n Implement EIGRP, including classical and named operation modes and interoperation Use advanced OSPF techniques, including route filtration, LSA operation, stub configurations, and update filtering Understand what happens when you perform redistribution, and manage problematic scenarios Manage complex BGP capabilities, including Adjacency State Machine Operate IPv6 in complex network environments, including DMVPN Focus on QoS mechanisms that CCIE still covers, including traffic marking, classification, policing, and shaping Deploy IPsec VPN solutions

including GRE/IPSec tunnel mode, multi-site VPN technologies, and their encryption Implement multicasting in environments requiring end-to-end IPv4 and IPv6 transport Address operational and deployment issues involving MPLS VPNv4 tunnels

Chess Not Checkers - Mark Miller 2015-04-06

As organizations grow in volume and complexity, the demands on leadership change. The same old moves won't cut it any more. In Chess Not Checkers, Mark Miller tells the story of Blake Brown, newly appointed CEO of a company troubled by poor performance and low morale. Nothing Blake learned from his previous roles seems to help him deal with the issues he now faces. The problem, his new mentor points out, is Blake is playing the wrong game. The early days of an organization are like checkers: a quickly played game with mostly interchangeable pieces. Everybody, the leader included, does a little bit of everything; the pace is frenetic. But as the organization expands, you can't just keep jumping from activity to activity. You have to think strategically, plan ahead, and leverage every employee's specific talents—that's chess. Leaders who continue to play checkers when the name of the game is chess lose. On his journey, Blake learns four essential strategies from the game of chess that transform his leadership and his organization. The result: unprecedented performance!

Do Over - Jon Acuff 2015-04-07

"Starting on the first day you got paid to scoop ice cream or restock shelves, you've had the chance to develop the four elements all great careers have in common: relationships, skills, character, and hustle. You already have each of those, to one degree or another. Now it's time to amplify them and apply them in a new way, creating a Career Savings Account"--Amazon.com.

Dream Year - Ben Arment 2014-08-05

"Arment helps readers identify and hone entrepreneurial ideas, ultimately turning them into fulfilling, exciting, and financially rewarding enterprises." —Success Somewhere along your road to adulthood, you pushed your dreams to the side. You had to pay bills. You feared taking a risk on yourself. If it's any comfort, you're far from alone; 66 percent of

Americans hate their jobs. But what if someone could guide you, step-by-step, as you identify, plan, and launch your dream career—in just one year. That's what Ben Arment does in his transformative coaching class, which has helped hundreds of people reinvent their lives to enjoy greater enthusiasm and fulfillment while also making a living. Now he's sharing his best insights, advice, and inspiring true stories in Dream Year. You'll find out how people just like you are discovering (or rediscovering) what they were truly born to do, then following a proven process to make it real. There's no dream too big (or too small) that is beyond the power of Dream Year.

The Legend of the Monk and the Merchant - Terry Felber 2012-12-31

Every life requires a spiritual foundation. "Grandfather, you left this..." Julio lifted the leather-bound journal and stepped toward the old man. "It is yours now," said Antonio, with a gleam in his eye. "I've lived my life according to the twelve principles recorded in it. And if you will apply its principles as I did, your success will be greater than you could ever imagine." Be a minister in the marketplace. Terry Felber has written a parable that will transform your life and your business. Many years ago, this ago book helped Dave Ramsey rediscover the marketplace as a mission field--and merchants as ministers. Now let it open your eyes to the opportunities for service and leadership all around you. Are you ready for a change? *The Legend of the Monk and the Merchant* will change the way you see yourself, your job, and your purpose. Now includes personal and small group study guide.

Do Over - Jon Acuff 2017-01-03

From the New York Times bestselling author of *Quitter and Start* comes the definitive guide to getting your dream job. When you don't like your job, Sunday isn't really a weekend day. It's just pre-Monday. But what if you could call a Do Over and actually look forward to Monday? Starting on the first day you got paid to scoop ice cream or restock shelves, you've had the chance to develop the four elements all great careers have in common: relationships, skills, character, and hustle. You already have each of those, to one degree or another. Now it's time to amplify them and apply them in a new way, so you can call a Do Over on your

career, at any age. You'll need a Do Over because you'll eventually face at least one of these major transitions: • You'll hit a Career Ceiling and get stuck, requiring sharp skills to free yourself. • You'll experience a Career Bump and unexpectedly lose your job, requiring strong relationships to survive. • You'll make a Career Jump to a new role, requiring solid character to push through uncertainty and chaos. • You'll get a surprise Career Opportunity, requiring dedicated hustle to take advantage of it. Jon Acuff's unique approach will give you the resources to reinvent your work, get unstuck, and get the job you've always wanted!

The Warburgs - Ron Chernow 2016-11-15

From the Pulitzer Prize-winning bestselling author of *Alexander Hamilton*, the inspiration for the hit Broadway musical, comes this definitive biography of the Warburgs, one of the great German-Jewish banking families of the twentieth century. Bankers, philanthropists, scholars, socialites, artists, and politicians, the Warburgs stood at the pinnacle of German (and, later, of German-American) Jewry. They forged economic dynasties, built mansions and estates, assembled libraries, endowed charities, and advised a German kaiser and two American presidents. But their very success made the Warburgs lightning rods for anti-Semitism, and their sense of patriotism became increasingly dangerous in a Germany that had declared Jews the enemy. Ron Chernow's hugely fascinating history is a group portrait of a clan whose members were renowned for their brilliance, culture, and personal energy yet tragically vulnerable to the dark and irrational currents of the twentieth century.

Financial Residency - Ryan Inman 2020-04-02

This book is everything you need to plan for your financial future and avoid paying tens of thousands of dollars to a financial advisor. A financial plan will guide you during good and bad times, ups and downs of the market, job changes, and financial setbacks. Creating a financial plan is not all about money, budgeting, and investing. It's about enabling you to live the life you truly want. As you progress through your career in medicine, you have never been taught how to prepare for a healthy

financial future, leaving you vulnerable to being sold products you don't need or working so hard that you experience burnout. Physicians are the smartest people on the planet when it comes to medicine, so why not finances too? Let's change the dynamic between money and medicine and help you live your ideal life.

Rhinoceros Success - Scott Alexander 2003-01-01

Go get the life you want. Be a Rhinoceros! There is something dangerous about this book. Something big. Something full of power, energy and force of will. It could be about you. You could become three tons of thick-skinned, snorting hard-charging rhinoceros. It is time to go get the life you want.

The Feel Good Effect - Robyn Conley Downs 2020-09-01

A groundbreaking approach to wellness that will help you cut through the clutter and find the small shifts that create huge changes in your life, from the host of the podcast The Feel Good Effect "An absolutely fresh and insightful guide . . . If you're looking to create more calm, clarity, and joy, this book is for you."—Shauna Shapiro, Ph.D., author of Good Morning I Love You What if wellness isn't about achieving another set of impossible standards, but about finding what works—for you? Radically simple and ridiculously doable, The Feel Good Effect helps you redefine wellness, on your own terms. Drawing from cutting-edge science on mindfulness, habit, and behavior change, podcast host Robyn Conley Downs offers a collection of small mindset shifts that allow for more calm, clarity, and joy in everyday life, embracing the idea that "gentle is the new perfect" when it comes to sustainable wellness. She then leads you through an easy set of customizable habits for happiness and health in mind, body, and soul, allowing you to counteract stress and prevent burnout. Instead of trying to get more done, The Feel Good Effect offers a refreshingly sane approach that will allow you to identify and focus on the elements that actually move the needle in your life right now. Less striving. More ease. It's time to feel good.

Legacy of Leaders - Robert Noland 2021-06-14

Jesus redefined the concept of leadership when He stated, "Whoever wants to be a leader among you must be your servant. For even the Son

of Man came not to be served but to serve others and to give his life as a ransom for many" (Matthew 20:26-28; Mark 10:43-45, Luke 22:26-27).

Legacy of Leaders: A 40-Day Journey with the Men of God's Word walks through forty stories in the Bible from Genesis to Revelation, from pillars of the faith like Abraham and David to the easily missed like Shamgar and Joseph (Jesus' dad). Whether your first or thousandth time through these ageless accounts of men who encountered God, Scripture reveals that He did not choose super-heroes, but rather broken men the world often ignored and overlooked. Be encouraged, challenged, and inspired on this 40-day journey, allowing God to show you what His leadership can look like in your life, as well as the leader He can create in you.

When to Jump - Mike Lewis 2018-01-09

"A lively and inspiring guidebook for anyone who wants to make the jump from normal to extraordinary." —Tony Robbins, #1 New York Times bestselling author of Unshakeable and MONEY: Master the Game An inspirational book that lays out the "Jump Curve"—four steps to wholeheartedly pursuing the career of your dreams—through experiences from a variety of people who have jumped and never looked back When Mike Lewis was twenty-four and working in a prestigious corporate job, he eagerly wanted to leave and pursue his dream of becoming a professional squash player. But he had questions: When is the right time to move from work that is comfortable to a career you have only dared to dream of? How have other people made such a jump? What did they feel when making that jump—and afterward? Mike sought guidance from others who had "jumped," and the responses he got—from a banker who started a brewery, a publicist who became a Bishop, a garbage collector who became a furniture designer, and on and on—were so clear-eyed and inspiring that Mike wanted to share what he had learned with others who might be helped by those stories. First, though, he started playing squash professionally. The right book at the right time, When to Jump offers more than forty heartening stories (from the founder of Bonobos, the author of The Big Short, the designer of the Lyft logo, the Humans of New York creator, and many more) and takeaways that will inspire, instruct, and reassure, including the ingenious four-

phase Jump Curve.

48 Days to the Work You Love - Dan Miller 2010

Guides people working in jobs they hate on how to make successful career decisions by creating a compass from their natural skills and abilities, personality traits, values, dreams, and passions, directing them to a more fulfilling vocation.

Awaken the Giant Within - Anthony Robbins 2013

Shows readers how to clarify their personal values, resolve internal conflicts, master emotions, and overcome debilitating habits.

Gazelles, Baby Steps and 37 Other Things Dave Ramsey Taught Me about Debt - Jon Acuff 2011-02-01

From the author of *Stuff Christians Like* comes a fresh take on a timeless subject, money. A member of the Dave Ramsey team, Jon Acuff offers a front row seat to all of the silly things we do when it comes to paying off debt, managing our money and everything in between.

Take the Stairs - Rory Vaden 2012-02-07

Do you ride the escalator-or take the stairs? No matter how you define success, it always requires one thing: self-discipline. But as popular speaker and strategist Rory Vaden explains, we live in an "escalator world"-one that's filled with shortcuts, quick fixes, and distractions that make it all too easy to slide into procrastination, compromise, and mediocrity. What seems like an easier path is really much harder in the end-and, most important, it won't take you where you want to go. How do successful people stay focused and achieve results? This lively and insightful guide presents a simple program for taking the stairs-that is, for overcoming the temptations of quick fixes and procrastination, conquering creative avoidance, and transcending personal setbacks in order to tackle the work that leads to real success. Whatever your goals are, Rory Vaden's proven approach will get you there-one stair at a time.

The Difference Maker - John C. Maxwell 2006-08-27

What can make the difference in your life today? How can two people with the same skills and abilities, in the same situation, end up with two totally different outcomes? Leadership expert John C. Maxwell says the difference maker is attitude. For those who have ever wondered what

may be separating them from achieving the kind of personal and professional success they've always dreamt of, Dr. Maxwell has some words of insight: "Your attitude colors every aspect of your life. It is like the mind's paintbrush." In *The Difference Maker*, Maxwell shatters common myths about attitude—what it can do for you and what it can't. Showing you how to overcome the five biggest attitude obstacles, Dr. Maxwell teaches the skills you need to make attitude your biggest asset. Most importantly, you'll learn not only how to develop an attitude that will have a tremendous impact on career, family, and daily living, but also how to maintain that attitude for the rest of your life.

Your New Playlist - Jon Acuff 2022-09-13

When Jon Acuff's book *Soundtracks*, came out, one reaction surprised him. Parents across the country all said the same thing: "Do you have a version for teenagers? If I knew how to change my mindset when I was that age, my entire life would have been different." Why did they say that? Because truth grows like compound interest. Saving money when you're young has a bigger impact than it does when you save in your 40s. A single new soundtrack--Acuff's phrase for a repetitive thought--believed when you're 14 or 18 can change your whole life in the same way. In response, Acuff tagged his two daughters to help him create an honest, actionable guide to mindset for teenagers. Your thoughts can work for you or against you, but the good news is you get a choice. The even better news is when you're young, your entire world is made of new. You're a movie that's barely started, a notebook with blank pages to fill, a song that hasn't hit the chorus. You have your whole life ahead of you. When you learn to create new thoughts, those thoughts lead to actions, and those actions lead to new results. Are you ready to tap into the superpower of mindset? Just hit play.

The Shaping of a Christian Family - Elisabeth Elliot 2021-03-16

Elisabeth Elliot is one of the most loved and respected communicators of present-day Christianity. In this repackaged edition of *The Shaping of a Christian Family*, Elliot tells the story of her childhood to share valuable insights on raising godly children. She talks candidly on parental expectations, emphasizes daily Bible reading and prayer, and shows the

benefits of practicing such scriptural principles as trust, discipline, courtesy, and teaching by example. Complete with eight pages of treasured Elliot family photos, *The Shaping of a Christian Family* is a wonderful book of ideas and inspiration for new parents, experienced parents, and all who have come to trust Elliot's wisdom.

Get Out of Your Own Way - Mark Goulston 1996-02-01

Practical, proven self help steps show how to transform 40 common self-defeating behaviors, including procrastination, envy, obsession, anger, self-pity, compulsion, neediness, guilt, rebellion, inaction, and more.

Wrecked - Jeff Goins 2012-08-01

What happens when a broken world slams into your comfortable life?

Wrecked is about the life we are afraid to live. It's about radical sacrifice and selfless service—how we find purpose in the midst of pain. It's a look at how we discover fulfillment in the least likely of places. It's about living like we mean it. It's a guide to growing up and giving your life away, helping you live in the tension between the next adventure and the daily mundane. This book is for us—a generation intent on pursuing our life's work in a way that leaves us without regrets. Author Jeff Goins shares his own experience of struggling as a missionary and twentysomething who understands the call to live radically while dealing with the everyday responsibilities of life. *Wrecked* is a manifesto for a generation dissatisfied with the status quo and wanting to make a difference.