

Le Porte Interiori Meditazioni Quotidiane

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Heather, The Totality - Matthew Weiner 2017-11-07

The Breakstone family arrange themselves around their daughter Heather, and the world seems to follow: beautiful, compassionate, entrancing, she is the greatest blessing in their lives of Manhattan luxury. But as Heather grows - and her empathy sharpens to a point, and her radiance attracts more and more dark interest - their perfect existence starts to fracture. Meanwhile a very different life, one raised in poverty and in violence, is beginning its own malign orbit around Heather. Matthew Weiner - the creator of Mad Men - has crafted an extraordinary first novel of incredible pull and menace. Heather, The Totality demonstrates perfectly his forensic eye for the human qualities that hold modern society together, and pull it apart.

Nosso Lar - Arcadia Press 2016-09

Le porte interiori. Meditazioni quotidiane - Eileen Caddy 2012

Credi negli Angeli? - Emma Vitiani 2020-05-14

“Se i maestri dell’Antico e del Nuovo Testamento e Gesù stesso parlano degli angeli si dovrebbe ritenere che gli angeli esistano”. Emma Vitiani offre un excursus serio sull’Angelologia classica, dai Vangeli alla visione angelica per l’Islam, dagli angeli nell’Arte e all’antica concezione cosmologica della musica delle sfere. L’autrice affronta il tema dell’Angelologia New Age e i mezzi per comunicare con gli angeli e gli spiriti guida, inserendo anche il punto di vista dei detrattori della Nuova Era. Emma Vitiani rivela la sua visione angelica e spirituale e dona al lettore le sue preghiere per i protettori celesti, toccando con delicatezza il tema “dei nostri figli che sono come angeli in Cielo”. Come di abitudine, l’autrice propone consigli pratici al lettore perché “ognuno possa essere un angelo per qualcuno” rivalutando i valori per lei fondamentali: la cura della propria salute, la calma, il perdono, la gentilezza e la gratitudine. “Possano gli angeli illuminare il vostro cammino e farvi sentire assistiti e compresi. Gli angeli vi proteggeranno anche se non credete loro”.

Catalogo dei libri in commercio - 1996

The Living Word - Eileen Caddy 1988-01-01

The short meditations in this book were given to Eileen Caddy in times of silence, and were used by her over the years for the deepening of her own spiritual life, they are intended for daily use by those seeking to expand their awareness of the divine and to express it in their lives.

YOUCAT for Kids - YOUCAT Foundation 2019-07-22

An exciting and fun new way to help children and parents to discover their Catholic faith together, and a great help for teachers in the classroom. In child-friendly language, accompanied by talking points for parents and teachers, YOUCAT for Kids explores: * Creation * The Creed * The Sacraments * The Ten Commandments * Prayer * The Life of Jesus All the much-loved characteristics of the bestselling YOUCAT series - including fun graphics, quotes from Saints, and thought-provoking images - have been adapted to suit a younger audience. Designed in consultation with parents and families, YOUCAT for Kids is an essential addition to every family bookshelf and Catholic school classroom.

Astrosciamanesimo: La via dell’universo interiore - Franco Santoro 2021-03-18

Franco Santoro fornisce un'introduzione ai principi base dell'astrosciamanesimo in questo volume che rappresenta la versione aggiornata della prima edizione in lingua inglese pubblicata nel 2003. La caratteristica più marcata degli insegnamenti di questo libro è data dalla loro esplicita provvisorietà. Le pratiche, i rituali, le cosmologie, le tecniche, le idee impiegate hanno una funzione puramente strategica e teatrale, il cui scopo è facilitare un'esperienza diretta dei misteri della nostra natura e della realtà in cui viviamo o crediamo di vivere. I riferimenti dell'astrosciamanesimo si fondano sulla spiritualità multidimensionale esperienziale radicata nelle tradizioni misteriche, sciamaniche e gnostiche occidentali e orientali, integrate da un pluralismo religioso integrale che comprende e onora sia le fedi ortodosse sia ogni forma di spiritualità alternativa. In questo volume sono trattati gli aspetti e le tecniche base dell'astrosciamanesimo, insieme a informazioni sul Sacro Cerchio, i concetti di Intento e Funzione, il viaggio astrosciamanico, il rapporto con lo Spirito Guida, gli Spiriti Totem e altre entità significative. Quest'opera contiene inoltre una trattazione generale del linguaggio astrologico, un ampio glossario dei termini principali usati nel lavoro astrosciamanico e il compendio del mito strategico di riferimento di questi insegnamenti.

On Ugliness - Umberto Eco 2011

Beauty and ugliness are two sides of the same coin; by ugliness we usually mean the opposite of beauty and we often define the first in order to understand the nature of the second. But the various depictions of ugliness over the centuries are richer and more unpredictable than is commonly thought. The striking images and anthological quotations in *On Ugliness* lead us on an extraordinary journey through the passions, terrors and nightmares of almost three thousand years, where acts of rejection go hand in hand with touching instances of empathy, and an aversion to deformity is accompanied by seductive violations of all classical canons. With his characteristic wit and erudition, Umberto Eco draws on examples in art and literature from ancient times to the present day. Abundantly illustrated with demons, madmen, vile enemies and disquieting presences, with freaks and the living dead, *On Ugliness* is conceived for a vast and diverse readership, and is an invaluable companion volume to *On Beauty*.

Deliver Us - Luigi Meneghello 2011-05-27

Originally published in 1963, and today considered a landmark in twentieth century Italian literature, Luigi Meneghello's *Deliver Us* is the memoir, not of an extraordinary childhood, but of the very ordinary one the author shared with most of his generation, when Italy was a rural country under the twin authorities of Church and Fascism. His boyhood begins in 1922, the year of Mussolini's March on Rome, and ends when Meneghello, 21, goes up into the hills to join the partisans. Called a romanzo—a story, although not a novel, as that term usually suggests—the book is a genre all of its own that mixes personal and collective memory, amateur ethnography, and reflections on language. Meneghello's sharp insights and narrative skill come together in an original meditation on how words, people, places, and things shape thought itself. Only loosely chronological, *Deliver Us* proceeds by themes—childhood games, Fascist symbols, religious precepts, and the rites of poverty, of death, of eros, and of love. Meneghello's ironic musings and profoundly honest recollections make an utterly unsentimental human comedy of that was the whole world to his dawning consciousness.

The Dawn of Change - Eileen Caddy 1997-09-01

A positive look at change and how it can help us achieve stability, serenity, and strength.

Opening Doors Within - Eileen Caddy 2019-09-10

A new edition of the much-loved perennial meditation diary whose messages radiate spiritual wisdom, encouragement and serenity throughout the year • Provides messages of spiritual insight and guidance for every day of the year from Eileen Caddy, co-founder of the Findhorn Community • Offers specific suggestions for your daily spiritual growth and development • Includes a new introduction by Jonathan Caddy, one of Eileen's sons, who adds a fresh perspective to the profound influence this guidance can have One of the much-loved books of Eileen Caddy (1917-2006), co-founder of the Findhorn Community in Scotland, *Opening Doors Within* is a perennial meditation diary offering down-to-earth inspirational messages of spiritual guidance for every day of the year. For over 35 years, people have used these practical teachings that offer advice on achieving stillness, faith, and fulfillment. Specific suggestions for your daily spiritual growth and development enhance the impact of the supportive words. Eileen's brief messages, from what she called "the still, small voice within," offer inspirational, uplifting, and powerful words of love and support. Her daily guidance was the bedrock of the early Findhorn Community, and the concept of "inner listening" is still very much part of individual and community practice there today. The encouraging and practical messages speak to those embarking upon the journey to find their divine inner self and spiritual truth. Anyone who meditates--whether inexperienced or seasoned--will find the wisdom shared both insightful and heartening. A new foreword by Jonathan Caddy, Eileen's son who lives in the Findhorn Community, adds a fresh perspective to the profound influence this guidance can have. No matter how you use the wisdom shared in this small book, take these teachings into yourself and carry them within you, until they have done their silent, gentle, and loving work of opening the doors within.

Medicine Upside Down - Giorgio Mambretti 2013-03-01

Dr Hamer is a highly controversial figure: his patients love him, yet other doctors want to block him, and meanwhile he gathers acknowledgements, but at the same time he is put on trial as well. Many believe that most of the opposition against him is because his theories -- and above all his long list of patients who have been healed -- go completely against established medicine... How can it be that diseases like cancer can simply be an attempt of the brain to fix (which means to heal) some emotional traumas? And that identifying such traumas and solving them can equate to healing the body? This is the only book available in Italy which is really up-to-date and comprehensive, very clear and supported by some brilliant cartoons: all these qualities have turned it into a real best seller. At long last a book on Dr Hamer's new Germanic Medicine that is both really easy-to-read and comprehensive. Approach these controversial, yet fascinating theories with objectivity and open-mindedness.

Giornale della libreria - 1991-04

L'informazione bibliografica - 1991

Analyses by author, title and key word of books published in Italy.

The Book of Disquiet - Fernando Pessoa 2010-12-09

Sitting at his desk, Bernardo Soares imagined himself free forever of Rua dos Douradores, of his boss Vasques, of Moreira the book-keeper, of all the other employees, the errand boy, the post boy, even the cat. But if he left them all tomorrow and discarded the suit of clothes he wears, what else would he do? Because he would have to do something. And what suit would he wear? Because he would have to wear another suit. A self-deprecating reflection on the sheer distance between the loftiness of his feelings and the humdrum reality of his life, *The Book of Disquiet* is a classic of existentialist literature.

Born for Love - Leo F. Buscaglia 1994-04-26

The man who first brought love to the classroom offers a postgraduate course for people in every kind of relationship and for those who yearn for love. In powerful short takes, Leo Buscaglia turns the light of his wisdom on every facet of the priceless jewel of love and discusses: Love that is more than a comfort zone; Creating an "Us" without destroying the "Me;" The value of differences, and so much more. These challenging lessons in loving will enrich your life for as long as you live.

Separate Rooms - Pier Vittorio Tondelli 2004

Leo is an Italian writer in his thirties. Thomas, his German lover, is dead. On a plane to Munich, Thomas's home town, Leo slips into a reverie of their meeting and life in Paris, nights in Thomas's flat in Montmartre

and a desperate, drug-induced flight through the forests of northern France that spells the end for Leo and Thomas' languid, erotic life together. Leo travels to find anonymity. Structured in three musical movements, *Separate Rooms* is a story of ideal love, broken by absence and separation. When Thomas was alive, he and Leo had separate rooms in order to preserve the urgency of their passion. Now, Leo faces solitude, the impossible striving of memory to recreate life and the hostility of a prejudiced world. *Separate Rooms*, Tondelli's last book, is a powerful novel of the strength of love and the trauma of death.

Heaven and Hell - Emanuel Swedenborg 1758

Delog - Dawa Drolma (Delog.) 1995

Ciao Papi... - Claudio Maneri 2014-01-27T00:00:00+01:00

Il libro racconta il dialogo riannodatosi tra un padre e una figlia che si è tolta la vita all'età di 22 anni, ma che ha deciso di aiutare i propri familiari a superare il dolore indicibile per la sua dipartita. Una trascrizione fedele di fatti e parole che testimonia che la «morte» è solo apparenza, perché la vita continua in un'altra dimensione con la medesima intensità e i medesimi affetti. La storia di questa comunicazione tra padre e figlia è un inno alla vita, che deve continuare, un messaggio di speranza e di fede per chiunque abbia bisogno di ridare un senso alla propria esistenza, nella disperazione di aver perso una persona cara, specialmente un figlio.

The Power Is Within You - Louise Hay 1995-03-07

"Louise Hay writes to your soul—where all healing begins. I love this book... and I love Louise Hay." — Dr. Wayne W. Dyer In *The Power Is Within You*, Louise L. Hay expands her philosophies of loving the self through: • learning to listen and trust the inner voice; • loving the child within; • letting our true feelings out; • the responsibility of parenting; • releasing our fears about growing older; • allowing ourselves to receive prosperity; • expressing our creativity; • accepting change as a natural part of life; • creating a world that is ecologically sound; • where it's safe to love each other'; • and much more. She closes the book with a chapter devoted to meditations for personal and planetary healing.

Ad Lucilium Epistulae Morales, - Lucius Annaeus Seneca 1917

Seeing Voices - Oliver Sacks 2011-03-04

Like *The Man Who Mistook His Wife for a Hat*, this is a fascinating voyage into a strange and wonderful land, a provocative meditation on communication, biology, adaptation, and culture. In *Seeing Voices*, Oliver Sacks turns his attention to the subject of deafness, and the result is a deeply felt portrait of a minority struggling for recognition and respect — a minority with its own rich, sometimes astonishing, culture and unique visual language, an extraordinary mode of communication that tells us much about the basis of language in hearing people as well. *Seeing Voices* is, as Studs Terkel has written, "an exquisite, as well as revelatory, work."

Love Yourself, Heal Your Life Workbook - Louise Hay 1995-03-07

The *Love Yourself, Heal Your Life Workbook* directly applies Louise's techniques of self-love and positive thinking to a wide range of topics that affect us all on a daily basis, including: health, fears and phobias, sex, self-esteem, money and prosperity, friendship, addictive behavior, work, and intimacy. As Louise says, "These exercises will give you new information about yourself. You will be able to make new choices. If you are willing, then you can definitely create the kind of life you say you want."

"Almeno una volta nella vita" - Samuela Dolci 2022-03-25

"Almeno una volta nella vita" è una storia di amicizia di tre ragazze ternane, Marina, Lucia, Lucrezia, ognuna col proprio vissuto, che condiziona il modo di affrontare le sfide del presente ed aprirsi al futuro, attraverso le relazioni umane, vere, reali e non virtuali. Nei rapporti sociali e familiari, è importante essere l'uno di fronte all'altro. C'è bisogno di recuperare il contatto fisico, il calore di un abbraccio, la profondità di uno sguardo. Accanto alle passioni, agli amori, alle violenze fisiche e morali, l'ancora di salvezza è la dimensione spirituale, oppure le pratiche ascetiche come lo yoga, per stanarsi ed uscire dal buio. La famiglia è la prima istituzione educativa, in cui l'adolescente struttura la propria personalità e ne è fortemente influenzato. L'istituzione scolastica offre una miriade di opportunità per conoscere a fondo

l'esistenza, sempre più complessa.

From Intellect to Intuition - Alice A. Bailey 1972

The development of the intellect, while necessary, is a means to an end. The intellect should become a means of penetrating into new dimensions of thought and consciousness, and of awakening the intuitive faculty of "pure reason". Through occult meditation the gap is bridged between the threefold mind and the intuition.

Shakti Mantras - Thomas Ashley-Farrand 2009-08-05

SHAKTI MANTRAS Tapping into the Great Goddess Energy Within • Enhance your spiritual gifts • Lighten your karmic burden • Improve your health and increase prosperity • Live in harmony with the universe Now, with Shakti Mantras, we can all benefit from this ancient practice. Thomas Ashley-Farrand, a Vedic priest, is an American expert in the intricacies of Sanskrit mantra. With nearly thirty years and thousands of hours of experience in chanting, he is supremely well-equipped to write the first book that teaches women (and men as well) to tap into the dynamic feminine energy of love in all its manifestations. By sharing enchanting Hindu myths and astonishing true stories from his own practice, Ashley-Farrand helps us to understand the real power that this age-old art awakens in those who perform it. Through dozens of actual mantras—each one presented with phonetic spelling for easy pronunciation and recommendations for specific applications—he enables us to increase our "shakti" (power) and use it to solve problems, ensure abundance, create health and well-being, summon protection, and invoke personal and universal peace. Whether you're new to chanting or an old hand, Shakti Mantras will take you places you've never been before . . . and measurably enrich your life.

Flight Into Freedom - Eileen Caddy 1988

God Spoke to Me - Eileen Caddy 2017-09-01

God's still small voice "There is great joy in doing something on the spur of the moment. When you do this, you find true freedom of the Spirit. You will find a new joy and freedom, which I long for all My children to have. "Life is so simple. Keep it so. Let nothing weigh you down or depress you. All is very well. Live fully in the now. "Take no thought for the morrow. Enjoy to the full what is happening now. Keep your consciousness raised, your mind stayed on Me. See My perfection working in you and through you, all your needs have been met, for all I have is yours. "Let the words and the thoughts you have heard so many times become a part of your whole being, so that they are vibrating words which manifest in form and become reality." The messages in this book ask us to have total faith in the process of living -- to trust God, the universe, spirit, love, or whatever we choose to call the divine source. They affirm that there is an inherent wisdom and intelligence in everything, which can be contacted by turning within. Each one of us can do this and find God's still small voice for ourselves. Eileen Caddy (1917-2006) is known worldwide as one of the three founders of the Findhorn Foundation in Scotland. The books that have flowed from her inspiration have drawn multitudes to the Findhorn community. In her own person, Eileen Caddy, divinely ordinary as she described herself, has pushed the limits of the ordinary person's experience to the very borders of the kingdom of God.

Yogananda. Piccole, grandi storie del Maestro - Paramhansa Yogananda 2014-08-27

Per la prima volta a livello mondiale, una raccolta delle più belle storie raccontate da Yogananda nei suoi scritti e nelle sue conferenze. Brevi racconti colmi di umorismo e ispirazione, che cadono con leggerezza nel terreno del cuore per far sbocciare i più bei fiori della saggezza e dell'amore. Un tesoro da assaporare quotidianamente e da condividere con tutti, grandi e piccini. 192 pagine, con illustrazioni a colori di Nicoletta Bertelle, illustratrice di fama internazionale.

Meditazione per la nuova era. Con audiocassetta - Dede Riva 1994

Man's Eternal Quest - Paramahansa Yogananda 1982

In this first volume of the collected talks and essays of Paramahansa Yogananda, readers will journey through some little-known and seldom-explained aspects of meditation, life after death, healing, and the power of the mind.

The Name of the Rose - Umberto Eco 1994

It is the year 1327. Franciscans in an Italian abbey are suspected of heresy, but Brother William of Baskerville's investigation is suddenly overshadowed by seven bizarre deaths. Translated by William Weaver. A Helen and Kurt Wolff Book

How to Awaken Your True Potential - Paramhansa Yogananda 2016-01-15

Are you ready to discover the hidden resources of joy, love, and power within you? Paramhansa Yogananda, one of the best-loved spiritual teachers of modern times, offers step-by-step guidance to help you awaken your potential and to prepare you for the inner journey of awakening. You will discover the untold power that lies within, and learn how to take steps daily to live life with greater joy and meaning.

Learning to Love - Eileen Caddy 2018-11-06

An insightful guide for consciously bringing compassion and love into your life • Explores feelings, attitudes, beliefs, and past experiences that block us from loving and receiving love • Includes deceptively simple yet profound exercises, meditations, and visualizations to support the exploration of your inner world • Explains how these principles and techniques originated in Roberto Assagioli's system of psychosynthesis, enriched by the Findhorn experience of living in community Every person is born with the capacity to love. Over time, however, many of us have built barriers within ourselves as a reaction to painful experiences, and following these, we often develop fears, beliefs, and behaviors that keep these barriers firmly in place. The primary lesson in life is to learn to love, and this starts right on our doorstep. Often it is self-doubt and feelings of unworthiness that hold us back from experiencing all the love around us. Only when we start to love and accept ourselves with all that we are can we love others freely and fully. Learning to love requires an intention to change and a willingness to take action. Once we understand how to work with our doubts and fears and learn how to change our beliefs and behavior, our barriers will melt away and we spontaneously open up to connect deeply and harmoniously with the full flow of the river of life. In this simple yet insightful guide, Eileen Caddy and David Earl Platts detail the down-to-earth practicalities of exploring feelings, attitudes, beliefs, and past experiences that block us from loving and from receiving love. They show how bringing more love into our lives is not a mystery but often a journey back to ourselves and our core values. The authors examine the feelings of acceptance, trust, forgiveness, respect, opening up, and taking risks, among others, within a framework of compassionate understanding and non-judgment. Deceptively simple yet profound exercises, meditations, and visualizations support the reader in examining their inner world and implementing these vital concepts into their lives. The teachings in the book are based on popular workshops that Eileen, co-founder of the Findhorn Foundation Community, and David facilitated for years in and outside Findhorn. Many of the underlying principles and techniques originate in the system of psychosynthesis, devised by Roberto Assagioli. Learning to Love invites you to make a free and informed choice to bring more love into your life, and then helps you implement this choice step-by-step with confidence and joy.

Colour - Rudolf Steiner 2013-04-03

Building on the achievements of Goethe in his Theory of Colour, Rudolf Steiner shows how colour affects us in many areas of life, including our health, our sense of well-being, and our feelings. Distinguishing between 'image' and 'lustre' colours, he lays the foundation, based on his spiritual-scientific research, for a practical technique of working with colour that leads to a new direction in artistic creativity. His many penetrating remarks on some of the great painters of the past are supplemented by a deep concern to see a cultural, spiritual renewal emerge in the present time. 'If you realize', he states, 'that art always has a relation to the spirit, you will understand that both in creating and appreciating it, art is something through which one enters the spiritual world.' This volume is the most comprehensive compilation of Rudolf Steiner's insights into the nature of colour, painting and artistic creation. It is an invaluable source of reference and study not only for artists and therapists but for anyone interested in gaining an appreciation of art as a revelation of spiritual realities.

Dictionary of Biblical Theology - Xavier Léon-Dufour 2004-01-01

Quiete e visione profonda - Amadeo Solé-Leris 2016-04-27

"... Cominciai a seguire l'insegnamento del Buddha dal momento in cui capii che il vero e proprio non è una religione - una fede in una Divinità e in una relazione con Essa, comunque articolata -, ma un umanesimo e,

più concretamente, un sistema etico-psicologico che propone metodi pratici per raggiungere, qui e ora, la piena realizzazione delle proprie potenzialità benefiche. In Occidente, l'insegnamento del Buddha è stato più volte 'interpretato' in senso più o meno teistico: il Buddha come Dio o come sua rappresentazione/manifestazione. Ma quando mi resi conto che il Buddha (il Risvegliato) non pretendeva essere un Dio o un profeta, bensì esempio supremo di ciò che l'essere umano può diventare, mi dissi: "Questo sì che ha un senso: il Risvegliato insegna agli altri, come risvegliarsi". Questo testo vuole contribuire alla comprensione della natura pratica e concreta dell'insegnamento del Buddha, il cui cuore è l'esercizio meditativo. Vi sono delineate le sue caratteristiche essenziali, per offrire al lettore non specializzato un'introduzione generale, che possa incoraggiare a farne esperienza. "Nel 1972 in Sri Lanka (...) ebbi la fortuna di leggere le parole del Buddha: la spiegazione di quello che lui stesso aveva

sperimentato, e di come anche altri possano arrivare alla stessa esperienza. E così scoprii la straordinaria semplicità e la profonda concretezza del sentiero di quiete e visione profonda, da lui indicato. Mi dedicai, quindi, allo studio dell'antica lingua pali e dei testi. Nel 1974 feci un corso di meditazione Vipassana con il maestro indo-birmano S.N. Goenka; questa pratica dell'insegnamento del Buddha mi convinse ad accettare la sua validità, come guida di vita, e ad impegnarmi da allora al continuativo esercizio meditativo di Vipassana. Ben sapendo che è una strada lunga, a ogni passo mi appare giusta e benefica."

Teresa - Neera 1998

A young woman in 1880s Italy is forbidden to marry a dashing young man because he has no money. Teresa Caccia is put to work by her father, looking after her younger siblings, and only when they grow up is she able to join her love.