

Kids Are Worth It Giving Your Child The Gift Of Inner Discipline

Barbara Coloroso

Eventually, you will definitely discover a additional experience and feat by spending more cash. still when? realize you allow that you require to acquire those all needs afterward having significantly cash? Why dont you try to get something basic in the beginning? Thats something that will guide you to comprehend even more as regards the globe, experience, some places, subsequent to history, amusement, and a lot more?

It is your agreed own get older to pretend reviewing habit. in the midst of guides you could enjoy now is **kids are worth it giving your child the gift of inner discipline barbara coloroso** below.

The 10 Greatest Gifts I Give My Children - Steven W. Vannoy 2014-05-06
Offers advice for parents on creating better relationships with children and a harmonious family atmosphere with self-esteem, balance, humor, communication, integrity, responsibility, conscious choice, and full expression of emotions.

Building Resilience in Children and Teens - Kenneth R. Ginsburg 2011

Today's children face a great deal of stress -- academic performance, heavy scheduling, high achievement standards, media messages, peer pressure, family tension. Without healthier solutions, they often cope by talking back, giving up, or indulging in unhealthy behaviors. This plan for resilience can help kids from 18 months to 18 years build the 7 Crucial Cs needed to bounce back from challenges and manage stress -- competence, confidence, connection, character, contribution, coping, and control. In these pages, you'll find strategies to help children and teens make wise decisions, recognize and build on their natural strengths, deal effectively with stress, foster hope and optimism, develop skills to navigate a complex world, avoid risky behaviors, and take care of their emotions and their bodies. This book also includes chapters on perfectionism, the negative portrayal of teens and how it biases parents

and damages you, special resilience strategies for military families, community-based resilience building, and when parents' resilience has reached its limits.

Good Kids, Tough Choices - Rushworth M. Kidder 2010-08-20

A practical analysis and inspiring guide for teaching kids "ethical fitness" Parents are beginning to realize that deficiencies in ethics and character are becoming a big problem among our nation's children. According to the latest data, lying, cheating, and rampant insensitivity to other people are increasingly common. What can parents do? In this book, ethics expert Rushworth Kidder shows how to customize interventions to a child's age and temperament. He encourages parents not to give up, since what they do can always make a difference, regardless of how long or deep the bad habits of dishonesty may be. Encourages parents to intervene early and re-establish children on the right course Explores the keys to ethical behavior: honesty, responsibility, respect, fairness, and compassion All of Kidder's practical advice is based on the latest psychological and neuroscientific research about how kids develop character and learn what's right and wrong.

Teach Your Child to Read in 100 Easy Lessons - Phyllis Haddox 1986-06-15

A #1 bestseller on Amazon for early childhood education with more than half a million copies in print, *Teach Your Child to Read in 100 Easy Lessons* will give your child the reading skills needed now for a better chance at tomorrow, while bringing you and your child closer together. Is your child halfway through first grade and still unable to read? Is your preschooler bored with coloring and ready for reading? Do you want to help your child read, but are afraid you'll do something wrong? *Teach Your Child to Read in 100 Easy Lessons* is a complete, step-by-step program that shows parents simply and clearly how to teach their children to read. Twenty minutes a day is all you need, and within 100 teaching days your child will be reading on a solid second-grade reading level. It's a sensible, easy-to-follow, and enjoyable way to help your child gain the essential skills of reading. Everything you need is here—no paste, no scissors, no flash cards, no complicated directions—just you and your child learning together. One hundred lessons, fully illustrated and color-coded for clarity, give your child the basic and more advanced skills needed to become a good reader.

How to Raise an Adult - Julie Lythcott-Haims 2015-06-09

New York Times Bestseller "Julie Lythcott-Haims is a national treasure. . . A must-read for every parent who senses that there is a healthier and saner way to raise our children." -Madeline Levine, author of the New York Times bestsellers *The Price of Privilege* and *Teach Your Children Well* "For parents who want to foster hearty self-reliance instead of hollow self-esteem, *How to Raise an Adult* is the right book at the right time." -Daniel H. Pink, author of the New York Times bestsellers *Drive* and *A Whole New Mind* A provocative manifesto that exposes the harms of helicopter parenting and sets forth an alternate philosophy for raising preteens and teens to self-sufficient young adulthood In *How to Raise an Adult*, Julie Lythcott-Haims draws on research, on conversations with admissions officers, educators, and employers, and on her own insights as a mother and as a student dean to highlight the ways in which overparenting harms children, their stressed-out parents, and society at large. While empathizing with the parental hopes and, especially, fears that lead to overhelping, Lythcott-Haims offers practical alternative

strategies that underline the importance of allowing children to make their own mistakes and develop the resilience, resourcefulness, and inner determination necessary for success. Relevant to parents of toddlers as well as of twentysomethings-and of special value to parents of teens-this book is a rallying cry for those who wish to ensure that the next generation can take charge of their own lives with competence and confidence.

The Lifegiving Parent - Sally Clarkson 2018

From the family that brought readers "The Lifegiving Home" and "The Lifegiving Table" comes a guide to becoming a parent who gives their child a life worth living for Christ.

How to Talk So Kids Will Listen & Listen So Kids Will Talk - Adele Faber 1999-10

The twentieth anniversary edition of the best-selling parenting guide includes updated information as well as the practical, sensible advice that made the book a classic to begin with. Original. 44,000 first printing.

Peaceful Parent, Happy Kids - Laura Markham 2012-11-28

Offers practical, easy-to-apply ideas to help parents regulate themselves and their own emotions in order to foster a better connection with their children to help them learn emotional intelligence, empathy, and responsibility.

Kids Are Worth It! - Barbara Coloroso 1998

Thoroughly revised, this bestselling parenting guide rejects "quick fix" solutions and shows readers good parenting begins with treating kids with respect. Taking everyday situations, Coloroso shows that parents can teach children how to think, not what to think, in dealing with these issues. Two new chapters on productive alternatives to bribes, threats, and punishments are included. Copyright © Libri GmbH. All rights reserved.

Parenting Matters - National Academies of Sciences, Engineering, and Medicine 2016-11-21

Decades of research have demonstrated that the parent-child dyad and the environment of the family—“which includes all primary caregivers”—are at the foundation of children's well-being and healthy

development. From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be greater than during the earliest years of life, when a child's brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment. Parents help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood and beyond. The experience of parenting also impacts parents themselves. For instance, parenting can enrich and give focus to parents' lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness, fulfillment, and anger.

Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and services for families, changing demographics of the U.S. population, and greater diversity of family structure. Additionally, parenting is increasingly being shaped by technology and increased access to information about parenting. Parenting Matters identifies parenting knowledge, attitudes, and practices associated with positive developmental outcomes in children ages 0-8; universal/preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge, attitudes, and practices; and barriers to and facilitators for parents' use of practices that lead to healthy child outcomes as well as their participation in effective programs and services. This report makes recommendations directed at an array of stakeholders, for promoting the wide-scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice. It is meant to serve as a roadmap for the future of parenting policy, research, and practice in the United States.

Teaching Your Children Values - Richard Eyre 2010-05-11

One of the greatest gifts you can give your children is a strong sense of personal values. Helping your children develop values such as honesty, self-reliance, and dependability is as important a part of their education

as teaching them to read or how to cross the street safely. The values you teach your children are their best protection from the influences of peer pressure and the temptations of consumer culture. With their own values clearly defined, your children can make their own decisions -- rather than imitate their friends or the latest fashions. In *Teaching Your Children Values* Linda and Richard Eyre present a practical, proven, month-by-month program of games, family activities, and value-building exercises for kids of all ages.

Free-Range Kids, How to Raise Safe, Self-Reliant Children (Without Going Nuts with Worry) - Lenore Skenazy 2010-04-19

FREE RANGE KIDS has become a national movement, sparked by the incredible response to Lenore Skenazy's piece about allowing her 9-year-old ride the subway alone in NYC. Parent groups argued about it, bloggers, blogged, spouses became uncivil with each other, and the media jumped all over it. A lot of parents today, Skenazy says, see no difference between letting their kids walk to school and letting them walk through a firing range. Any risk is seen as too much risk. But if you try to prevent every possible danger or difficulty in your child's everyday life, that child never gets a chance to grow up. We parents have to realize that the greatest risk of all just might be trying to raise a child who never encounters choice or independence.

The Positive Child - Jessica Palmer 2020-01-09

"The greatest gifts you can give your children are the roots of responsibility and the wings of independence." -- Denis Waitley You want the best for your child, it's true, and you might think "the best" is gifting them with material things that will only bring momentary happiness. For those of you who can't afford to do so, you see yourselves as failing parents. The truth is, what saves our children, what saves a family, are the things that can't be bought, but can only be taught, learned, and practiced. *The Positive Child* was written with every parent in mind, whether well-off or struggling, new or seasoned, for those who think they've got this parenting thing in the bag, and for those who have no idea what they're doing. Jessica Palmer, mother of four, wants to help you build a healthy, happy, positive home, by starting with you. Your

attitude, your ideals, your beliefs. It is not the lifestyle that you can or can't afford for your child that will morph them into phenomenal adults, it's how you live and what you practice in the home. In this eye-opening guide, Jessica shares a bucketload of sagacious tips and tricks on how to cultivate healthy, positive behaviors in kids, using guiding principles such as: Becoming your child's best example Respecting your child's space and life decisions Empowering instead of shaming Encouraging creativity and independent definitions Teaching emotional intelligence Setting high expectations Practicing family rituals Building meaningful relationships After raising four happy, healthy, ambitious kids, Jessica is more than confident in her methods for fostering positive, vibrant children. In *The Positive Child*, you will find a range of workable, efficient, and adaptable strategies based on values, moralities, and ethics. Do you really want to give your child the best life? The life they truly deserve? The life that will shape them into determinedly successful adults? Then this is where you start.

SuperBaby - Jenn Berman 2011-08

Presents advice for new parents on taking full advantage of the early development years of a child's life, providing tips to maximize an infant's mental and emotional growth.

The Giving Tree - Shel Silverstein 2014-02-18

As *The Giving Tree* turns fifty, this timeless classic is available for the first time ever in ebook format. This digital edition allows young readers and lifelong fans to continue the legacy and love of a classic that will now reach an even wider audience. "Once there was a tree...and she loved a little boy." So begins a story of unforgettable perception, beautifully written and illustrated by the gifted and versatile Shel Silverstein. This moving parable for all ages offers a touching interpretation of the gift of giving and a serene acceptance of another's capacity to love in return. Every day the boy would come to the tree to eat her apples, swing from her branches, or slide down her trunk...and the tree was happy. But as the boy grew older he began to want more from the tree, and the tree gave and gave and gave. This is a tender story, touched with sadness, aglow with consolation. Shel Silverstein's incomparable career as a

bestselling children's book author and illustrator began with *Lafcadio, the Lion Who Shot Back*. He is also the creator of picture books including *A Giraffe and a Half*, *Who Wants a Cheap Rhinoceros?*, *The Missing Piece*, *The Missing Piece Meets the Big O*, and the perennial favorite *The Giving Tree*, and of classic poetry collections such as *Where the Sidewalk Ends*, *A Light in the Attic*, *Falling Up*, *Every Thing On It*, *Don't Bump the Glump!*, and *Runny Babbit*. And don't miss the other Shel Silverstein ebooks, *Where the Sidewalk Ends* and *A Light in the Attic*!

Kingdom Woman - Tony Evans 2013-07-16

A kingdom woman gives the devil as much reason to fear as a kingdom man. She lives confidently in the knowledge that Christ died and rose for her so that she can experience the significance of the destiny to which she has been called. In *Kingdom Woman*, Tony Evans and his daughter, Chrystal Evans Hurst, remind women of their calling from God to be free, delivered, healed, and hopeful. The authors bring insight that encourages women to correct distorted perceptions and understand who they really are in Christ—never settling for less when connected with the One who gives them hope. All believers are covered by God's covenant with Abraham. Evans and Hurst want women to know these rights and confidently claim and live by them. The new covenant offers more than a life of mediocrity. A kingdom woman is called and empowered to live a life of victory through Christ!

101 Ways to Make Your Child Feel Special - Vicki Lansky 1991

Suggests ways parents can build self-confidence and self-respect in children, including asking children's opinions, planning special trips, and offering encouraging words

The 6 Needs of Every Child - Amy Elizabeth Olrick 2020-06-09

Like most parents, Amy and Jeffrey Olrick left the hospital with their first child desperate to know, "What do we do?" But years of parenting three kids and Jeffrey's work as a child psychologist convinced them to ask a better question: "How shall I be with this new person?" In a culture obsessed with parenting formulas, it's easy to miss the fact that science and lived experience have proven that human development and thriving are a matter of relationship. Drawing on decades of psychological

research, neuroscience, and their own experience as parents and people of faith, the Olricks present six relational needs for human growth that will transform the way you think about your child--and yourself. Together, the needs form a trustworthy compass to guide you and your child to a path of purpose and relational wholeness. For parents who feel pulled in a hundred directions, dizzied by the volume of clashing strategies, and jaded by the parenting programs that complicated their own childhoods, *The 6 Needs of Every Child* is a groundbreaking roadmap integrating the science of connection with practical tools. You'll be equipped with: An in-depth look at the six essentials your child needs to thrive Tools to use when you feel stuck The secret to secure connection with your child Self-assessment tools to discern your unique parenting style More than a parenting guide, this book is your invitation to break free from the myth of perfect parenting and embrace your child's long journey of growth. With insight, humor, and compassion, it calls parents to discover the power of being imperfectly present with their children, developing mental, emotional, and spiritual resilience that will sustain them for a lifetime.

Knock Knock: How to Traumatize Your Children - Knock Knock (Firm) 2011-05-01

Raising Kingdom Kids - Tony Evans 2014

Evans equips parents to raise their children with a Kingdom perspective and also offers practical how-to advice on providing spiritual training as instructed in Scripture. He begins with an overarching look at the need for Kingdom parenting, our roles and responsibilities in raising God-following children, and how to prepare children to take on the assignments God has for their lives. He then provides specific training for kids in the power of prayer, wisdom, loving God's Word, getting through trials, controlling their tongues, developing patience, the surrender of service, and much more.

kids are worth it! Revised Edition - Barbara Coloroso 2010-02-02

The parenting classic, now revised with new chapters, checklists, and information about today's most pressing issues regarding our children

This bestselling guide rejects "quick-fix" solutions and focuses on helping kids develop their own self-discipline by owning up to their mistakes, thinking through solutions, and correcting their misdeeds while leaving their dignity intact. Barbara Coloroso shows these principles in action through dozens of examples -- from sibling rivalry to teenage rebellion; from common misbehaviors to substance abuse and antisocial behavior. She also explains how to parent strong-willed children, effective alternatives to time-outs, bribes, and threats, and how to help kids resolve disputes and serious injustices such as bullying. Filled with practical suggestions for handling the ordinary and extraordinary tribulations of growing up, *kids are worth it!* helps you help your children grow into responsible, resilient, resourceful adults -- not because you tell them to, but because they want to.

[All Joy and No Fun](#) - Jennifer Senior 2014-01-28

Thousands of books have examined the effects of parents on their children. In *All Joy and No Fun*, award-winning journalist Jennifer Senior now asks: what are the effects of children on their parents? In *All Joy and No Fun*, award-winning journalist Jennifer Senior tries to tackle this question, isolating and analyzing the many ways in which children reshape their parents' lives, whether it's their marriages, their jobs, their habits, their hobbies, their friendships, or their internal senses of self. She argues that changes in the last half century have radically altered the roles of today's mothers and fathers, making their mandates at once more complex and far less clear. Recruiting from a wide variety of sources—in history, sociology, economics, psychology, philosophy, and anthropology—she dissects both the timeless strains of parenting and the ones that are brand new, and then brings her research to life in the homes of ordinary parents around the country. The result is an unforgettable series of family portraits, starting with parents of young children and progressing to parents of teens. Through lively and accessible storytelling, Senior follows these mothers and fathers as they wrestle with some of parenthood's deepest vexations—and luxuriate in some of its finest rewards. Meticulously researched yet imbued with emotional intelligence, *All Joy and No Fun* makes us reconsider some of

our culture's most basic beliefs about parenthood, all while illuminating the profound ways children deepen and add purpose to our lives. By focusing on parenthood, rather than parenting, the book is original and essential reading for mothers and fathers of today—and tomorrow.

Teaching with Humor, Compassion, and Conviction - Heather Hollis 2016-10-14

How can teachers make their literacy classrooms a place of joy? Fun, caring, and passion are the keys to a shame-free, healthy classroom that nurtures students in mind, body, and spirit. Full of simple strategies and activities for building community, this practical book is committed to promoting strong literacy skills. It illustrates concrete ways to build mindful classrooms where students are free to speak with compassion, write with conviction, and read with joy.

Give Your Kids the Keys - Adam Stadtmiller 2011-01-12

Christian parents would love to connect their kids' lives with God, but most do not have the tools they need to make God a moment-by-moment reality in their family. In *Give Your Kids the Keys*, parents will find all they need to integrate God's presence into every aspect of their family's life! They will better understand the stages of their children's spiritual development and be inspired by a holistic vision of their kids' potential to connect deeply with God at any age. And once they grasp the big picture of their family's life with God, moms and dads will discover practical ideas for fun, meaningful activities that will allow each family member to experience God's amazing presence.

Give Your Child the World - Jamie C. Martin 2016-06-07

Young children live with awe and wonder as their daily companions. But as they grow, worries often crowd out wonder. Knowing this, how can parents strengthen their kids' love for the world so it sticks around for the long haul? Thankfully, parents have at their fingertips a miracle vaccine—one that can boost their kids' immunity to the world's distractions. Well-chosen stories connect us with others, even those on the other side of the globe. Build your kids' lives on a story-solid foundation and you'll give them armor to shield themselves from the world's cynicism. You'll give them confidence to persevere in the face of

life's conflicts. You'll give them a reservoir of compassion that spills over into a lifetime of love in action. *Give Your Child the World* features inspiring stories, practical suggestions, and carefully curated reading lists of the best children's literature for each area of the globe. Reading lists are organized by region, country, and age range (ages 4-12). Each listing includes a brief description of the book, its themes, and any content of which parents should be aware. Parents can introduce their children to the world from the comfort of home by simply opening a book together. *Give Your Child the World* is poised to become a bestselling family reading treasury that promotes literacy, develops a global perspective, and strengthens family bonds while increasing faith and compassion.

Raising Kingdom Kids - Tony Evans 2016-06

Evans equips parents to raise their children with a Kingdom perspective and also offers practical how-to advice on providing spiritual training as instructed in Scripture. He begins with an overarching look at the need for Kingdom parenting, our roles and responsibilities in raising God-following children, and how to prepare children to take on the assignments God has for their lives. He then provides specific training for kids in the power of prayer, wisdom, loving God's Word, getting through trials, controlling their tongues, developing patience, the surrender of service, and much more.

The Self-Driven Child - William Stixrud, PhD 2019-02-12

“Instead of trusting kids with choices . . . many parents insist on micromanaging everything from homework to friendships. For these parents, Stixrud and Johnson have a simple message: Stop.” —NPR “This humane, thoughtful book turns the latest brain science into valuable practical advice for parents.” —Paul Tough, New York Times bestselling author of *How Children Succeed* A few years ago, Bill Stixrud and Ned Johnson started noticing the same problem from different angles: Even high-performing kids were coming to them acutely stressed and lacking motivation. Many complained they had no control over their lives. Some stumbled in high school or hit college and unraveled. Bill is a clinical neuropsychologist who helps kids gripped by anxiety or struggling to

learn. Ned is a motivational coach who runs an elite tutoring service. Together they discovered that the best antidote to stress is to give kids more of a sense of control over their lives. But this doesn't mean giving up your authority as a parent. In this groundbreaking book they reveal how you can actively help your child to sculpt a brain that is resilient, and ready to take on new challenges. The Self-Driven Child offers a combination of cutting-edge brain science, the latest discoveries in behavioral therapy, and case studies drawn from the thousands of kids and teens Bill and Ned have helped over the years to teach you how to set your child on the real road to success. As parents, we can only drive our kids so far. At some point, they will have to take the wheel and map out their own path. But there is a lot you can do before then to help them tackle the road ahead with resilience and imagination.

How Children Learn - John Holt 2009-04-20

From the preface by Deborah Meier: "We have a long way to go to make John Holt's dream available to all children. But his books make it possible and easier for many of us to join him in the journey." In this enduring classic, rich with deep, original insight into the nature of early learning, John Holt was the first to make clear that, for small children, "learning is as natural as breathing." In his delightful book he observes how children actually learn to talk, to read, to count, and to reason, and how, as adults, we can best encourage these natural abilities in our children.

An Early Start for Your Child with Autism - Sally J. Rogers
2012-05-21

Presents strategies for helping children with autism interact with others and achieve their potential, covering such areas as back-and-forth interactions, nonverbal communication, and imitation.

kids are worth it! - Barbara Coloroso 1995-08-01

Barbara Coloroso's powerful message is that good parenting begins with treating kids with respect. It means giving them a sense of power in their own lives, and offering them opportunities to make decisions, take responsibility for their actions, and learn from their own successes and mistakes. Rejecting the "quick fix" solutions of punishment and reward, she uses everyday family situations from sibling rivalry to teenage

rebellion to demonstrate sound strategies for giving children the inner discipline and self-confidence that will help them grow into responsible, resourceful, and resilient adults. Discover: • Three basic tenets to a good parent/child relationship • Why discipline is not learned through threats and bribes • Why teaching a child how to think instead of what to think builds self-confidence • The good news about the strong-willed child • Three alternatives to always saying "No" • How to buffer your children from the dangers of sexual promiscuity, drug abuse, and other self-destructive behavior • Using mealtime, bedtime, toilet-training, chores, allowance, and sibling rivalry as opportunities to help children develop their own sense of inner discipline

The Organized Child - Richard Gallagher 2018-01-18

Are you sick of nagging your child to write down homework assignments? Is his or her backpack a black hole that eats up papers, books, and gym clothes? Organizational skills problems aren't just frustrating--they get in the way of school success and wreak havoc at home. Fortunately, help is at hand. This unique resource stands out from other books because it is based on a scientifically tested program that works. Learn how you can teach your 7- to 13-year-old specific skills to: *Organize school materials and toys. *Track assignments. *Improve time management and planning. *Overcome brain "Glitches"--mischievous creatures that trip kids up. *Create and follow effective routines. Concrete examples, tips for strategically using praise and rewards, and practical tools (you can download and print additional copies as needed) help you implement each step of the program. Maximizing your kid's potential starts now--here's how. Mental health professionals, see also the related intervention manual from Gallagher et al., Organizational Skills Training for Children with ADHD: An Empirically Supported Treatment.

How to Build Children with Integrity Workbook - Karen Budzinski
2018-09-05

Raising the next generation of children is more distracting than ever. We want to raise children with purpose, who excel not only in their pursuits but in the character that makes them victorious when life throws them

challenges. How do you give your children the best opportunities without feeding the narcissism prevalent in our selfie society? It is by giving them integrity. This workbook will give you a chance to personally apply and utilize the valuable toolbox of resources and ideas for parents and those who are involved with children as presented in the main book, *How to Build Children with Integrity*. Together, the books are meant to be used as a springboard to inspire people to think of how they can take normal everyday life and build something lasting in children along the way. As we dedicate ourselves to these tasks, results will follow. With a mix of parenting ideas and an accountability mindset, Karen takes us through the secret garden of developing kids where they bloom by what we put in, share, and value. It is a must read for parents, pastors, teachers, college administrators or anyone seeking to shape young lives. (Donald Packham, CHRO for a nonprofit education system of five colleges and served as FBI's chief human resources officer in a post-9/11 transformation.) This is a powerful parenting resource that combines solid theology with personal experience and practical ideas for any family. Every parent who reads this book will find their internal compass auto correcting to God's design. This book is real, authored by a compassionate and thoughtful theologian who knows how to give parents a vision for what could be in their home now. (Dr. Scott Turansky, coauthor of fifteen books on parenting, three video series with accompanying children's curriculum. Cofounder of the National Center for Biblical Parenting and Biblical Parenting University.) With several decades leading a congregation, I say with all sincerity that I've not come across a book that covers the concepts of raising children as thoroughly as this book does. The insight, application and personal stories will keep you turning the pages! I enthusiastically recommend this book . . . for yourself and for your children. (Jerry R. Weinzierl, Senior Pastor of Grace Christian Church)

Building Resilience in Children and Teens - Kenneth R. Ginsburg 2014-10
This book offers coping strategies for facing the combined elements of academic performance, high achievement standards, media messages, peer pressure, and family tension.

Children: the Challenge - Rudolf Dreikurs 1991-12-26

Children: The Challenge gives the key to parents who seek to build trust and love in their families, and raise happier, healthier, and better behaved children. Based on a lifetime of experience with children—their problems, their delights, their challenges—Dr. Rudolf Dreikurs, one of America's foremost child psychiatrists presents an easy-to-follow program that teaches parents how to cope with the common childhood problems that occur from toddler years through early adolescence. This warm and reassuring reference helps parents to understand their children's actions better, giving them the guidance necessary to discipline lovingly and effectively, all while fostering a healthy environment in which children will grow and develop into successful teenagers and adults.

The Me, Me, Me Epidemic - Amy McCready 2016-08-16

Cure your kids of the entitlement epidemic so they develop happier, more productive attitudes that will carry them into a successful adulthood. Whenever Amy McCready mentions the "entitlement epidemic" to a group of parents, she is inevitably met with eye rolls, nodding heads, and loaded comments about affected children. It seems everywhere one looks, there are preschoolers who only behave in the grocery store for a treat, narcissistic teenagers posting selfies across all forms of social media, and adult children living off their parents. Parenting expert McCready reveals in this book that the solution is to help kids develop healthy attitudes in life. By setting up limits with consequences and training them in responsible behavior and decision making, parents can rid their homes of the entitlement epidemic and raise confident, resilient, and successful children. Whether parents are starting from scratch with a young toddler or navigating the teen years, they will find in this book proven strategies to effectively quell entitled attitudes in their children.

The Self-driven Child - William R. Stixrud 2018

A clinical neuropsychologist and test-prep guru combine cutting-edge brain science with insights from their work with families to make a radical case for giving kids more freedom to unleash their full potential.

Motivate Your Child - Scott Turansky 2015-02-03

We need a parenting revolution! Most parenting approaches end up encouraging children to ask the wrong questions about life: What's in it for me? Are you going to pay me for that? What's the minimum I need to do to get by? But God's Word gives us a better way to parent, one that builds strong internal motivation in children. When parents change the way they parent, kids change the way they live. This practical book explores a theology of internal motivation and then gives parents real-life solutions to equip their kids for life. You'll learn . . .

- how to parent in ways that build internal motivation so that kids don't have to rely on you to get things done.
- the four promptings of the conscience and how to coordinate your parenting to take advantage of them.
- ways to energize your spiritual training with fun and creativity.
- how to help children respond to mistakes instead of blaming, defending, or justifying.

The greatest gift you can give your child is strong moral and spiritual development—this book shows you how. Every chapter includes practical examples of families applying the Bible to their current issues. Join the revolution!

Hooray, I Can Do it - Aleks Harrison 2020-08-04

Children's Sports Books: An Illustrated Children's Story About Swimming to Teach Your Child How to Never Give Up Their Dreams! Are you looking for a fun book to help you teach your kids the value of perseverance? Do you want your kids to learn how to regulate feelings of frustration and anger? If that's the case, it's time to consider children's stories! When they're young, kids learn about the world through playing. They like having fun, there's no doubt about it. So if you come up and try to teach them a lesson, they're not going to get that. You need to have a fun and entertaining approach to their education. Kids learn best when they can relate to the story or have fun with it. It's all about interaction and adventure. This is why the best children's books tie together valuable lessons about life with whimsical adventures. In this story, we meet Max and his parents. It's Max's first day of swimming lessons, and he's super excited. But, things don't go too well on that first try. Feeling frustrated, Max wants to give up on his dream. Luckily, his parents are

there to teach him how to win! Here's what you and your child will learn in this book: Kids and frustration: How to understand emotions with the best strategies for emotional regulation Growth mindset for kids: A lesson in perseverance and understanding that all great things take time A no-quit attitude: Positive guidelines for kids to develop character and self-confidence to follow their dreams AND SO MUCH MORE! We've all been on the other end of toddler frustration with no idea how to respond to their complaints. This children's book about swimming will help you find the right words (and pictures) to underline the importance of never giving up on your dreams! Scroll up, Click on "Buy Now with 1-Click", and Get Your Copy Now!

Peaceful Parent, Happy Kids - Laura Markham 2012-11-27

A groundbreaking guide to raising responsible, capable, happy kids Based on the latest research on brain development and extensive clinical experience with parents, Dr. Laura Markham's approach is as simple as it is effective. Her message: Fostering emotional connection with your child creates real and lasting change. When you have that vital connection, you don't need to threaten, nag, plead, bribe—or even punish. This remarkable guide will help parents better understand their own emotions—and get them in check—so they can parent with healthy limits, empathy, and clear communication to raise a self-disciplined child. Step-by-step examples give solutions and kid-tested phrasing for parents of toddlers right through the elementary years. If you're tired of power struggles, tantrums, and searching for the right “consequence,” look no further. You're about to discover the practical tools you need to transform your parenting in a positive, proven way.

Kids Are Worth It - Barbara Coloroso 2010-04-13

Featuring a new Introduction by bestselling author Barbara Coloroso, this parenting classic is set to teach a new generation of parents the importance of treating kids with dignity and respect. Rejecting the “quick fix” solutions of punishment and reward, Barbara uses everyday family situations—from sibling rivalry to teenage rebellion—to demonstrate sound strategies for giving children the inner discipline and self-confidence that will help them become responsible, resourceful,

resilient, and compassionate adults.